



P136 DAT (SERUM) - KIT

COLLECTION & CONTENTS

— FOLLOW INSTRUCTIONS CAREFULLY —
IMPROPER COLLECTION MAY INVALIDATE RESULTS

KIT CONTENTS

- 1 – Cold pack
- 1 – Requisition form
- 1 – Biohazard bag with gauze pad
- 1 – Silver insulated envelope
- 1 – Prepaid shipping label
- 1 – Laboratory shipping pack
- 2 – Serum separator tubes (SST)
- 1 – Transfer pipette
- 1 – Blue top 5ml transport tube

Contact Us if any items are damaged or missing

Collection Requirements

Steroids should be discontinued 72 hours before testing.

Shipping Requirements

ONLY Ship samples Monday - Thursday

Sample Stability

**Refrigerate samples at 2-8°C until shipment.
We ask that samples are shipped within 7 days of collection. Do not freeze the samples.**

A Targeted Approach to Wellness

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NOTE: Please review all instructions and collection kit components before starting your sample collection. DO NOT discontinue taking prescription medications unless directed by your physician.

Specimen Collection Instructions

1. Place cold pack in freezer for at least 4-6 hours minimum before shipping.
2. Collect the blood in the two (2) SST tubes provided.
3. Invert the (2) SST tube gently 6 times, allow blood to clot between 30-45 minutes.
4. Centrifuge the blood for 15-20 minutes.
5. If gel barrier still has cells above gel, spin additional 5 minutes or transfer serum into transfer tube.
6. Transfer the serum from the SST tubes to the Blue Top 5ml transfer tube.
7. Using a permanent marker, write the patient's first and last name, date of birth, and date of collection on each sample tube.
8. Store the sample in a 2-8°C refrigerator until ready to ship. Do not freeze.

Frozen samples cannot be processed.

Shipping Instructions

1. Make sure the specimen tubes are properly labeled.
Improperly labeled tubes cannot be processed.
2. Place the tube(s) inside of the biohazard bag and seal the bag. Do not remove gauze pad.
3. Complete Test Requisition Form, fold and place the form within the outer pocket of the biohazard bag.
4. Place the biohazard bag into the silver insulated envelope.
5. Place the frozen cold pack inside the silver insulated envelope.
6. Seal the envelope and place it inside the kit box.
7. Place the kit box inside the lab mailing pack.
8. Attach prepaid shipping label. Record the tracking number on the label for your records.
9. Take the package to the shipping carrier's storefront location or the carrier to schedule a pickup.



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