



PRECISION POINT
— DIAGNOSTICS —

PRECISION CORE 4 (P88/AIBA/Ox Stress/ Adrenal Stress) - KIT

COLLECTION & CONTENTS

— FOLLOW INSTRUCTIONS CAREFULLY —
IMPROPER COLLECTION MAY INVALIDATE RESULTS

KIT CONTENTS

- 1 – Cold pack
- 1 – Blood spot card
- 1 – Biohazard bag with gauze pad
- 1 – Silver insulated envelope
- 1 – Prepaid shipping label
- 1 – Requisition

- 1 – Green top 5mL transport tube
- 4 – Salivette Tubes (blue)
- 2 – Urine collection card
- 1 – Blue top 5 mL transport tube
- 2 – Lancets

- 1 – Laboratory shipping pack
- 2 – Serum separator tubes (SST)
- 2 – Lavender top EDTA tubes
- 1 – Transfer pipettes
- 1 – Blue top 5 mL transport tube

Contact Us if any items are damaged or missing

Collection Requirements

Fast for 12 hours prior to blood draw. Steroids should be discontinued 72 hours before testing

Shipping Requirements

ONLY Ship samples Monday - Thursday

Sample Stability

Refrigerate serum and saliva sample at 2-8 Celsius until shipment. Place plasma sample in freezer until shipment. Store urine card at room temperature until shipment. We ask that samples are received within 7 days of collection.

A Targeted Approach to Wellness

www.PrecisionPointDiagnostics.com



Phone: 678-736-6374
Fax: 770-624-1701



9 Dunwoody Park, Suite 121
Dunwoody, GA 30338



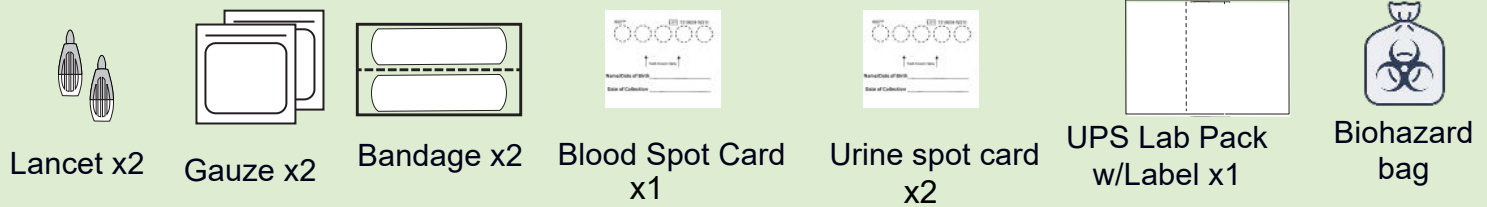
Info@PrecisionPointDiagnostics.com
www.PrecisionPointDiagnostics.com

BLOOD SAMPLE COLLECTION KIT INSTRUCTIONS

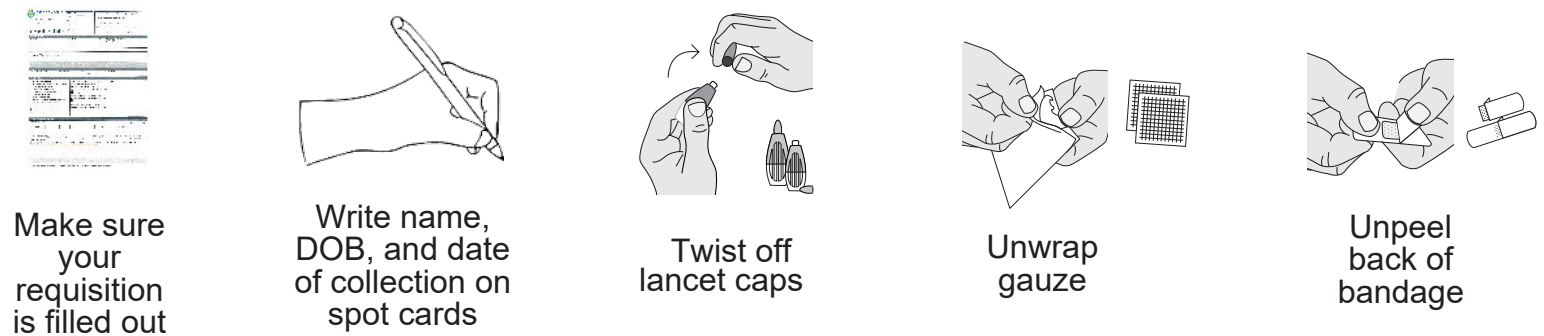
Please read these instructions carefully before collecting your sample.



KIT CONTENTS



FIRST, UNPACK AND PREPARE YOUR KIT CONTENTS



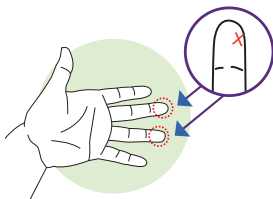
STEP-BY-STEP INSTRUCTIONS



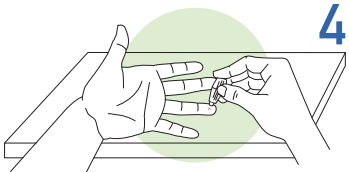
1 Wash your hands with warm, soapy water.



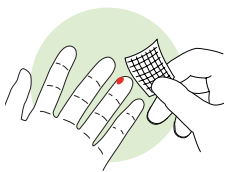
2 Warm your hands by rubbing them together. You may also warm your hands by walking, jumping, or any other method you prefer. **Warming your hands is IMPORTANT for good blood flow.**



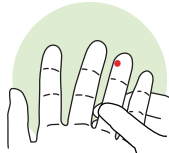
3 Select the finger you will use to provide the blood sample. See illustration for recommended locations off-center of finger midline.



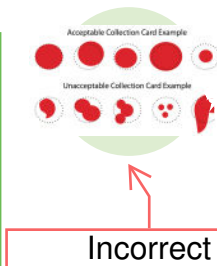
4 Prick your finger by laying hand on a hard surface. Position the lancet on the chosen location. Apply firm pressure to end of lancet until a click is heard.



5 Wipe away first blood drop with the gauze. A blood drop may take up to 20 seconds to form. If needed, gently massage pricked finger upward until drop forms.

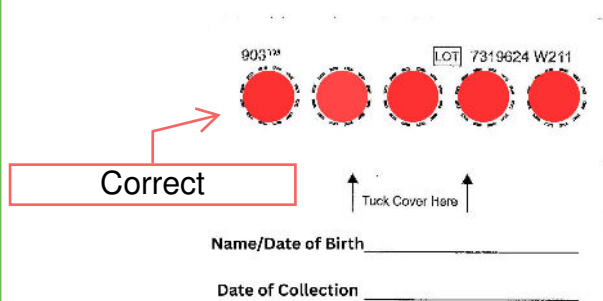


note - you may find that wiping away another drop of blood after filling a few sampling tips helps with blood flow.

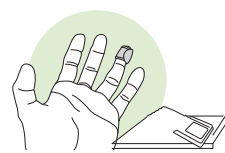


Incorrect

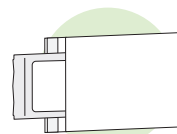
6 Gently massage the finger to produce a large droplet of blood. Touch the droplet to one circle of the collection card.
a. **DO NOT** touch the card with your finger.
Collect blood in circles on card. Fill all 5 circles completely.



Correct



7 Set Bloodspot Card Down on hard surface and apply bandage to your finger.



8 Insert specimen bag into plastic UPS Lab Pack shipping envelope. Include your completed Requisition form. Attach the UPS Shipping label. Drop the Lab Pack at any UPS store location.

Intended Use

A single use, non sterile device used as a container to collect, store and transport blood specimen for research use.

Intended User

The Microsampling device in a collection kit is designed to be used by laboratory professionals, healthcare professionals, or laypersons.

NOTE: Please review all instructions and collection kit components before starting your sample collection. DO NOT discontinue taking prescription medications unless directed by your physician.

Specimen Collection Instructions

Serum: Blue Top Tube
Do not eat or drink anything, other than water, for 30 minutes prior to collection.

Specimen Collection

1. Place cold pack in freezer for at least 4-6 hours minimum before shipping.
2. Collect the blood in the two (2) SST tubes provided and 2 Lavendar EDTA tubes provided.
3. Invert all tubes gently 8 times, allow blood to clot between 30-45 minutes in SST tubes.
4. Centrifuge the blood for 15-20 minute
5. If gel barrier still has cells above gel, spin additional 5 minutes
6. Transfer serum SST tube to the blue top transfer tube. Transfer plasma Lavendar EDTA tubes to the Green Top transfer tube.
7. Using a permanent marker, write the patient's first and last name, date of birth, and date of collection on each sample tube.
8. Store serum/blue top transfer tube at 2-8°C in the refrigerator until ready to ship. Place freezer pack and Green Top Tube in freezer until ready ship. Ship Green Top Tube at least 4 hours before shipping. Ship within 7 days of collection.
Frozen blue top transfer tubes cannot be processed.

Shipping Instructions

1. Make sure the specimen tubes are properly labeled. With name, date of birth and collection date.
Improperly labeled tubes cannot be processed.
2. Place the tube(s) inside of the biohazard bag and seal the bag. Do not remove gauze pad.
3. Complete Test Requisition Form, fold and place the form within the outer pocket of the biohazard bag.
4. Place the biohazard bag into the insulated shipping envelope.
5. Place the frozen cold pack in silver insulated envelope.
6. Seal the envelope and place it inside the kit box.
7. Place the dry blood collection device into the kit box.
8. Place the kit box inside the lab mailing pack.
9. Attach prepaid shipping label. Record the tracking number on the shipping label for your records.
10. Take the package to the shipping carrier's storefront location or call the carrier to schedule a pickup.



Phone: 678-736-6374
Fax: 770-624-1701



9 Dunwoody Park, Suite 121
Dunwoody, GA 30338



Info@PrecisionPointDiagnostics.com
www.PrecisionPointDiagnostics.com

NOTE: Please review all instructions and collection kit components before starting your sample collection. DO NOT discontinue taking prescription medications unless directed by your physician.

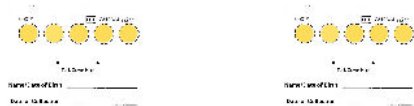
Specimen Collection Instructions

Saliva: Blue Top Tube

Do not eat or drink anything, other than water, for 30 minutes prior to collection.

Saliva Collection (do not freeze)

1. Collect the first saliva tube within the first 30 minutes of waking. Collect the remaining samples every four hours after the first sample.
2. Remove the cap from the tube and remove the cotton plug. Do not remove the suspended insert.
3. Place the cotton plug in mouth and gently chew the cotton for 1-2 minutes until fully saturated. Place cotton back into tube and reseal.
4. Using a permanent marker, write the patient's first and last name, date of birth, and date of collection on the sample tube.
5. Store sample in the refrigerator at 2-8°C until ready to ship. Do not freeze.



Urine Collection

1. Collect urine at any time of day using a clean disposable cup.
2. Put name, date of birth, and date of collection on urine card.
3. Using the transfer pipette, saturate circles on urine card for urine specimen.
4. Let dry, and store at room temperature until ready to ship.

Shipping Instructions

Place cold pack in freezer
12 hours prior to shipping

1. Make sure the specimen tubes are properly labeled. With name, date of birth and collection date.
Improperly labeled tubes cannot be processed.
2. Place the sample tube inside of the biohazard bag and seal the bag. Do not remove gauze pad.
3. Complete Test Requisition Form, fold and place the form within the outer pocket of the biohazard bag.
4. Place the biohazard bag into the insulated shipping envelope.
5. Place the frozen cold pack in silver insulated envelope.
6. Seal the envelope and place it inside the kit box.
7. Place the dry blood collection device into the kit box.
8. Place the kit box inside the UPS clinical mailing pack.
9. Attach prepaid shipping label. Record the tracking number on the shipping label for your records.
10. Take the package to the shipping carrier's storefront location or call the carrier to schedule a pickup.



Phone: 678-736-6374
Fax: 770-624-1701



9 Dunwoody Park, Suite 121
Dunwoody, GA 30338



Info@PrecisionPointDiagnostics.com
www.PrecisionPointDiagnostics.com