PRECISION POINT DIAGNOSTICS

ADVANCED OXIDATIVE STRESS (Whole Blood, Urine) - KIT

COLLECTION & CONTENTS

– FOLLOW INSTRUCTIONS CAREFULLY –
IMPROPER COLLECTION MAY INVALIDATE RESULTS

KIT CONTENTS

- 1 – Requisition form
- 1 – Biohazard bag with gauze pad
- 1 – Silver insulated envelope
- 1 – Prepaid shipping label
- 2 – Gauze Pad
- 2 – Bandage
- 1 – Laboratory shipping pack
- 1 – Blood spot card
- 1 – Transfer pipette
- 2 – Urine collection cards
- 2 – Lancets

Contact Us if any items are damaged or missing

Collection Requirements

Avoid heavy exercise 4 hours before collection

Shipping Requirements

ONLY Ship samples Monday - Thursday

Sample Stability

Store dried urine card and dried blood spot at room temperature until shipment. We ask that samples are received within 21 days of collection.

A Targeted Approach to Wellness

www.PrecisionPointDiagnostics.com

Phone: 678-736-6374
Fax: 770-624-1701

9 Dunwoody Park, Suite 121
Dunwoody, GA 30338

Info@PrecisionPointDiagnostics.com
www.PrecisionPointDiagnostics.com

BLOOD SAMPLE COLLECTION KIT INSTRUCTIONS

Please read these instructions carefully before collecting your sample.

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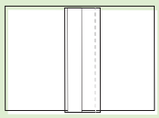
KIT CONTENTS

Lancet x2

Gauze x2

Bandage x2

Blood Spot Card


UPS Lab Pack w/Label x1

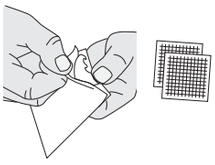
Biohazard bag

FIRST, UNPACK AND PREPARE YOUR KIT CONTENTS

Make sure your requisition is filled out

Write name and date of birth on blood spot card

Twist off lancet caps

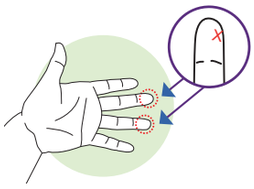

Unwrap gauze

Unpeel back of bandage

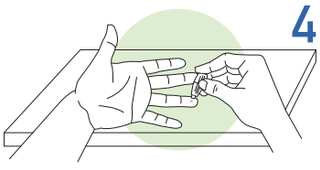
STEP-BY-STEP INSTRUCTIONS

1 Wash your hands
with warm, soapy water.

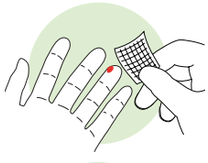
2 Warm your hands
by rubbing them together. You may also warm your hands by walking, jumping, or any other method you prefer. **Warming your hands is IMPORTANT for good blood flow.**



3 Select the finger you will use
to provide the blood sample. See illustration for recommended locations off-center of finger midline.



4 Prick your finger
by laying hand on a hard surface. Position the lancet on the chosen location. Apply firm pressure to end of lancet until a click is heard.



5 Wipe away first blood drop
with the gauze. A blood drop may take up to 20 seconds to form. If needed, gently massage pricked finger upward until drop forms.

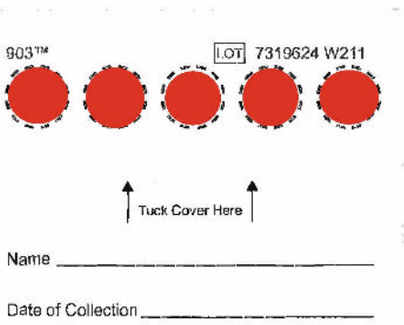
note - you may find that wiping away another drop of blood after filling a few sampling tips helps with blood flow.

Circles Above Are Incorrectly Filled

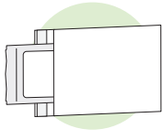
6 Gently massage the finger to produce a large droplet of blood.
Touch the droplet to one circle of the collection card.

a. DO NOT touch the card with your finger
b. Allow blood card to dry before putting in bag.

Collect blood in circles on card. Fill all 5 circles completely.



7 Set Bloodspot Card Down
on hard surface and apply bandage to your finger.



8 Place blood spot card
into bio-hazard bag.

Intended Use
A single use, non sterile device used as a container to collect, store and transport blood specimen for research use.
Intended User
The Microsampling device in a collection kit is designed to be used by laboratory professionals, healthcare professionals, or laypersons.

Phone: +678-736-6374
Fax: +770-624-1701

9 Dunwoody Park, Suite 122
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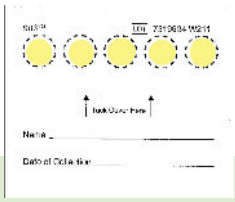
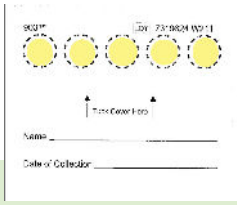
NOTE: Please review all instructions and collection kit components before starting your sample collection. DO NOT discontinue taking prescription medications unless directed by your physician.

Specimen Collection Instructions

Urine Collection

1. Put name, date of birth and date of collection on two dried collection cards.
2. Collect urine at any time of day using a clean disposable cup.
3. Using the transfer pipette, saturate circles on two urine cards for urine specimen.
4. Let dry, and store at room temperature until ready to ship





Shipping Instructions

1. Make sure the specimen cards are properly labeled. With name, date of birth and collection date.
   Improperly labeled specimens cannot be processed.
2. Place the samples inside of the bio-hazard bag and seal the bag. Do not remove gauze pad.
3. Complete Test Requisition Form, fold and place the form within the outer pocket of the bio-hazard bag.
4. Place the bio-hazard bag into the insulated shipping envelope.
5. Seal the envelope and place it inside the kit box.
6. Place the kit box inside the UPS clinical mailing pack.
7. Attach prepaid shipping label. Record the tracking number on the shipping label for your records.
8. Take the package to the shipping carrier's storefront location or call the carrier to schedule a pickup.

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