PRECISION POINT DIAGNOSTICS

ADVANCED ADRENAL STRESS (Saliva) - KIT

COLLECTION & CONTENTS

– FOLLOW INSTRUCTIONS CAREFULLY –
IMPROPER COLLECTION MAY INVALIDATE RESULTS

KIT CONTENTS

- 1 – Requisition form
- 1 – Biohazard bag with gauze pad
- 1 – Prepaid shipping label
- 1 – Laboratory shipping pack
- 4 – Salivette Tubes

Contact Us if any items are damaged or missing

Collection Requirements

DO NOT EAT OR DRINK (besides water) for one (1) hour prior to sample collection.
Rinse your mouth with water immediately before collecting the samples.

Shipping Requirements

Ship samples Monday - Friday

Sample Stability

Refrigerate samples at 2-8°C until shipment.
We aks that samples are received within 6 days of collection. Do not freeze the samples.

A Targeted Approach to Wellness

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NOTE: Please review all instructions and collection kit components before starting your sample collection. DO NOT discontinue taking prescription medications unless directed by your physician.

Specimen Collection Instructions

1st Sample: Collect the first sample within 30 minutes of waking. Write the time on the tube and check the AM box.

2nd Sample: Collect the second sample at Lunch Time at least 4 hours after the first sample. Write the time and check the AM/PM box.

3rd Sample: Collect the third sample at Dinner at least 4 hours after the second sample. Write the time on the tube and check the PM box.

4th Sample: Collect the final sample at bedtime at least 4 hours after the third sample. Write the time on the tube and check the PM box.

Salivette Collection

1. Collect the saliva in the each of the tubes provided.
2. Remove the cap from the tube and remove the cotton plug. Do not remove the suspended insert.
3. Place the cotton plug in mouth and gently chew the cotton for 1-2 minutes until fully saturated. Place cotton back into tube and reseal.
4. Using a permanent marker, write the patients first and last name, date of birth, and date of collection on each sample tube.
5. Store sample Store sample in the refrigerator at 2-8°C until ready to ship. Do not freeze.

Frozen samples cannot be processed.

Shipping Instructions

1. Make sure the specimen tubes are properly labeled. With time collected and name.

   Improperly labeled tubes cannot be processed.
2. Place the tubes inside of biohazard bag and seal the bag. Do not remove gauze pad.
3. Complete Test Requisition Form, fold and place the form within the outer pocket of the biohazard bag.
4. Place the biohazard bag into the kit box.
5. Place the kit box inside the lab mailing pack.
6. Attach prepaid shipping label.
7. Take the package to the shipping carrier's storefront location or call the carrier to schedule a pickup.

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