



PRECISION POINT DIAGNOSTICS

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P88-Dietary Antigen Test

A Targeted Approach to Wellness



PATIENT INFO

NAME: **Test User**
REQUISITION ID: DAT2401090005
DOB: 11/24/1983
SAMPLE DATE: 05/20/2025
RECEIVE DATE: 05/22/2025
DRAFT DATE: 7/31/2024

CLINIC INFO

Test Clinic
ADDRESS: Testing Address
Testing City, TT 00000

PHONE: (000)-000-0003
FAX: (000)-000-0003

Patient Report: Summary

DIETARY ANTIGEN	ALLERGY			SENSITIVITY	
	IgE	IgG4	Immune Tolerance IgG4 > IgE Abs*	IgG	C3d
Almond	MODERATE	LOW		LOW	LOW
Apple	MODERATE	MODERATE		MODERATE	LOW
Asparagus	LOW	LOW		LOW	MODERATE
Aspergillus Mix	LOW	LOW		HIGH	LOW
Avocado	LOW	LOW		HIGH	MODERATE
Banana		LOW			LOW
Barley	LOW	LOW	YES	LOW	LOW
Beef	MODERATE	LOW		LOW	MODERATE
Black Pepper	HIGH	LOW		MODERATE	MODERATE
Blueberry	LOW	LOW		HIGH	HIGH
Brewer's Yeast	LOW	LOW		MODERATE	
Broccoli	LOW	LOW	YES	LOW	LOW
Cabbage	LOW	LOW			LOW
Cacao	LOW			MODERATE	LOW
Candida	LOW	LOW		HIGH	MODERATE
Cantaloupe	LOW	LOW	YES	LOW	LOW
Carrot	LOW	LOW	YES	HIGH	MODERATE
Casein	LOW	MODERATE	YES	MODERATE	LOW
Cashew	LOW	LOW		LOW	
Cauliflower	LOW	LOW		LOW	
Celery	LOW	LOW	YES	LOW	LOW
Cherry	LOW	LOW	YES	MODERATE	MODERATE
Chicken	LOW	LOW		LOW	
Cinnamon	LOW			HIGH	
Clam					LOW
Coconut	LOW	LOW		LOW	
Codfish	LOW	LOW		MODERATE	MODERATE
Coffee	LOW	LOW		MODERATE	MODERATE
Corn	LOW	LOW		LOW	LOW
Cottonseed	LOW			MODERATE	MODERATE
Cow's Milk	LOW	MODERATE	YES	MODERATE	MODERATE
Crab	LOW	MODERATE	YES	LOW	LOW
Cucumber					LOW
Egg Albumin	LOW	LOW	YES	HIGH	MODERATE
Egg Yolk	LOW	LOW	YES	MODERATE	MODERATE
English Walnut	LOW	LOW			
Flax Seed	MODERATE	LOW		MODERATE	LOW
Flounder	LOW	LOW	YES		LOW

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PATIENT NAME:

Test User

REQUISITION ID:

DAT2401090005

DRAFT DATE:

7/31/2024

Patient Report: Summary

ALLERGY				SENSITIVITY	
DIETARY ANTIGEN	IgE	IgG4	Immune Tolerance IgG4 > IgE Abs*	IgG	C3d
Garlic			YES		MODERATE
Ginger	LOW	MODERATE	YES	HIGH	MODERATE
Gluten	LOW		YES	MODERATE	
Goat's Milk	LOW	LOW	YES	LOW	MODERATE
Grapefruit		LOW			
Grapes					
Green Olive	LOW			MODERATE	MODERATE
Green Pea	LOW	LOW		LOW	
Green Pepper	LOW	LOW	YES		
Halibut	LOW				LOW
Honeydew	LOW				
Hops	LOW			MODERATE	LOW
Kidney Bean	LOW	LOW		MODERATE	MODERATE
Lemon					
Lettuce	LOW	LOW		LOW	MODERATE
Lima Bean	LOW	LOW		MODERATE	
Lobster	LOW	MODERATE	YES	LOW	LOW
Mushroom	LOW	LOW		HIGH	MODERATE
Mustard	LOW	LOW	YES	LOW	
Navy Bean	LOW	LOW		LOW	
Oat	LOW			LOW	
Onion				LOW	
Orange	LOW	LOW		MODERATE	
Peach	LOW	LOW		MODERATE	MODERATE
Peanut	LOW	LOW	YES	LOW	
Pear	LOW				
Pecan				LOW	LOW
Pineapple					
Plum	LOW	LOW		LOW	
Pork	LOW			LOW	
Rice	LOW			LOW	
Rye	LOW	LOW			
Salmon	LOW				
Scallops	LOW			LOW	
Sesame	LOW			HIGH	LOW
Shrimp	MODERATE	MODERATE	YES	LOW	LOW
Soybean	MODERATE	MODERATE		HIGH	LOW
Spinach	LOW	LOW		LOW	LOW
Strawberry		LOW	YES		
String Bean	LOW	LOW	YES	MODERATE	MODERATE
Sweet Potato	LOW	LOW		HIGH	MODERATE
Tea	LOW			MODERATE	
Tomato					
Tuna	LOW	LOW		MODERATE	
Turkey	LOW			LOW	
Vanilla	LOW	LOW		LOW	
Watermelon	LOW	LOW	YES	LOW	LOW
White Potato	LOW	LOW		HIGH	MODERATE
Whole Wheat	LOW	LOW	YES	LOW	
Yellow Squash	LOW	LOW		LOW	LOW

Reference Range	High	Medium	Low	Normal
Increased Prevalence	> 90%	>= 50-90%	> 10-50%	< 10%
Average Prevalence	> 95%	>=75-95%	> 10-75%	< 10%

Reference Range is based on how reactive a person is compared to population distribution.

Increased Prevalence: Foods that more people have a reaction to including dairy and casein, wheat and gluten, shellfish, tree nuts, and eggs.

Average Prevalence: All other foods.

* Immune Tolerance is based upon the absolute (Abs) value of IgG4 compared to the absolute value of IgE.

This is different from percent reactivity which is given in the summary page to easily see which foods are the most reactive. Find absolute values for each food in the references range on the test results between pages 6-12.

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Patient Report: Less Restrictive Diet

Criteria for Less Restrictive Diet Logic

Eliminate: High IgG and/or High IgE foods

Rotate: Moderate IgG with High, Moderate, or Low Complement

Eliminate (IgG4): Based on presence of IgG-4 RD conditions (see Understanding the P88 for more information)

* Anytime gluten is removed, the rotation diet will remove all gluten containing grains regardless of IgE or IgG reactivity.

NO LIMITATION	ROTATE	ELIMINATE	ELIMINATE (IgG4)
These foods produce no immune reaction within your system at this time.	These foods should be rotated out of your diet for a period of 72 hrs or reduced in overall intake.	Remove these foods entirely from your diet.	Remove at Provider's Discretion
Almond Asparagus Banana Barley Beef Brewer's Yeast Broccoli Cabbage Cantaloupe Cashew Cauliflower Celery Chicken Clam Coconut Corn Crab Cucumber English Walnut Flounder Garlic Gluten Goat's Milk Grapefruit Grapes Green Pea Green Pepper Halibut Honeydew Lemon Lettuce Lima Bean Lobster Mustard Navy Bean Oat Onion Orange Peanut Pear Pecan Pineapple Plum Pork Rice Rye Salmon Scallops Shrimp Spinach Strawberry Tea Tomato Tuna Turkey Vanilla Watermelon Whole Wheat Yellow Squash	Apple Cacao Casein Cherry Codfish Coffee Cottonseed Cow's Milk Egg Yolk Flax Seed Green Olive Hops Kidney Bean Peach String Bean	Aspergillus Mix Avocado Black Pepper Blueberry Candida Carrot Cinnamon Egg Albumin Ginger Mushroom Sesame Soybean Sweet Potato White Potato	

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Patient Report: More Restrictive Diet

Criteria for Logic of More Restrictive Diet

Eliminate: High and Moderate IgE and/or IgG

Rotate: Low IgG with High, Moderate or Low Complement

Eliminate (IgG4): Based on presence of IgG-4 RD conditions (see Understanding the P88 for more information)

* Anytime gluten is removed, the rotation diet will remove all gluten containing grains regardless of IgE or IgG reactivity.

NO LIMITATION	ROTATE	ELIMINATE	ELIMINATE (IgG4)
These foods produce no immune reaction within your system at this time.	These foods should be rotated out of your diet for a period of 72 hrs or reduced in overall intake.	Remove these foods entirely from your diet.	Remove at Provider's Discretion
Banana Cabbage Cashew Cauliflower Chicken Clam Coconut Cucumber English Walnut Flounder Garlic Grapefruit Grapes Green Pea Green Pepper Halibut Honeydew Lemon Mustard Navy Bean Onion Peanut Pear Pineapple Plum Pork Rice Salmon Scallops Strawberry Tomato Turkey Vanilla	Asparagus Broccoli Cantaloupe Celery Corn Crab Goat's Milk Lettuce Lobster Pecan Shrimp Spinach Watermelon Yellow Squash	Almond Apple Aspergillus Mix Avocado Barley Beef Black Pepper Blueberry Brewer's Yeast Cacao Candida Carrot Casein Cherry Cinnamon Codfish Coffee Cottonseed Cow's Milk Egg Albumin Egg Yolk Flax Seed Ginger Gluten Green Olive Hops Kidney Bean Lima Bean Mushroom Oat Orange Peach Rye Sesame Soybean String Bean Sweet Potato Tea Tuna White Potato Whole Wheat	Apple Casein Cow's Milk Crab Ginger Lobster Shrimp Soybean

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Patient Report: Immune Index

The Immune Index is a calculation in which IgE, IgG, C3d are added together to show cumulative reactivity. If IgG4 is greater than IgE it blocks the reaction and IgE is not added into cumulative inflammatory formula. This is used to highlight foods that are creating multiple immune reactions.

Rank	DIETARY ANTIGEN	Immune Index
1	Black Pepper	HIGH
2	Blueberry	HIGH
3	Avocado	MODERATE
4	Candida	MODERATE
5	Carrot	MODERATE
6	Egg Albumin	MODERATE
7	Ginger	MODERATE
8	Mushroom	MODERATE
9	Soybean	MODERATE
10	Sweet Potato	MODERATE
11	White Potato	MODERATE
12	Apple	MODERATE
13	Aspergillus Mix	MODERATE
14	Beef	MODERATE
15	Cherry	MODERATE
16	Codfish	MODERATE
17	Coffee	MODERATE
18	Cottonseed	MODERATE
19	Egg Yolk	MODERATE
20	Green Olive	MODERATE
21	Flax Seed	MODERATE
22	Kidney Bean	MODERATE
23	Peach	MODERATE
24	Sesame	MODERATE
25	String Bean	MODERATE
26	Cow's Milk	MODERATE
27	Almond	MODERATE
28	Asparagus	MODERATE
29	Cacao	MODERATE
30	Lettuce	MODERATE
31	Hops	MODERATE
32	Shrimp	MODERATE
33	Casein	MODERATE
34	Goat's Milk	MODERATE
35	Barley	LOW
36	Broccoli	LOW
37	Cantaloupe	LOW
38	Celery	LOW
39	Cinnamon	LOW
40	Corn	LOW
41	Crab	LOW
42	Lobster	LOW
43	Spinach	LOW
44	Yellow Squash	LOW

Rank	DIETARY ANTIGEN	Immune Index
45	Watermelon	LOW
46	Brewer's Yeast	LOW
47	Gluten	LOW
48	Orange	LOW
49	Lima Bean	LOW
50	Tea	LOW
51	Tuna	LOW
52	Cashew	LOW
53	Cabbage	LOW
54	Chicken	LOW
55	Coconut	LOW
56	Cauliflower	LOW
57	Flounder	LOW
58	Green Pea	LOW
59	Halibut	LOW
60	Mustard	LOW
61	Navy Bean	LOW
62	Oat	LOW
63	Peanut	LOW
64	Pecan	LOW
65	Plum	LOW
66	Pork	LOW
67	Rice	LOW
68	Scallops	LOW
69	Turkey	LOW
70	Vanilla	LOW
71	Whole Wheat	LOW
72	Garlic	LOW
73	Banana	
74	Clam	
75	Cucumber	
76	English Walnut	
77	Green Pepper	
78	Honeydew	
79	Onion	
80	Pear	
81	Rye	
82	Salmon	
83	Grapefruit	
84	Grapes	
85	Lemon	
86	Pineapple	
87	Strawberry	
88	Tomato	

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P88-DAT (IgE/IgG4)

A Targeted Approach to Wellness

PATIENT INFO

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 REQUISITION ID: DAT2401090005
 DOB: 11/24/1983
 SAMPLE DATE: 05/20/2025
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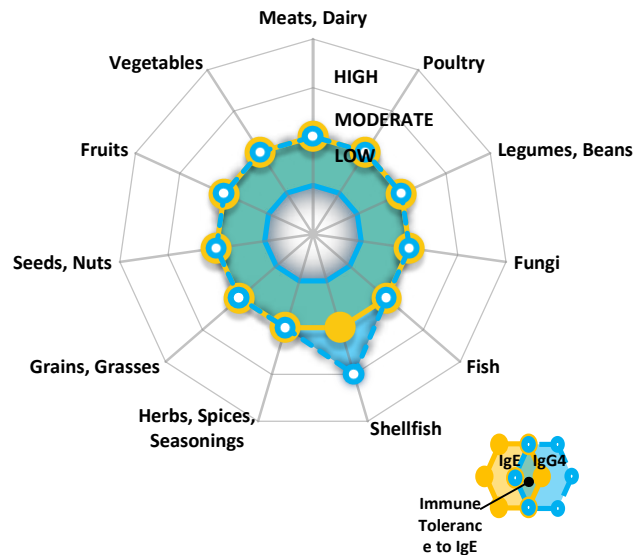
CLINIC INFO

Test Clinic
 ADDRESS: Testing Address
 Testing City, TT 00000
 PHONE: (000)-000-0003
 FAX: (000)-000-0003

Physician Report: IgE/IgG4 Food Allergies

Dietary Antigen Exposure by Food Group

	IgE	IgG4
Meats, Dairy	LOW	LOW
Poultry	LOW	LOW
Legumes, Beans	LOW	LOW
Fungi	LOW	LOW
Fish	LOW	LOW
Shellfish	LOW	MODERATE
Herbs, Spices, Seasonings	LOW	LOW
Grains, Grasses	LOW	LOW
Seeds, Nuts	LOW	LOW
Fruits	LOW	LOW
Vegetables	LOW	LOW



Dietary Antigen Exposure by Food Group

In this test, a human serum sample is probed for the presence of IgE and IgG4 antibodies which have an exact affinity for specific dietary allergens. Dietary allergens are clustered by the food groups shown in the table and graph above. The quantitative summation of the IgE and IgG4 results within the offending food groups are expressed graphically. The exclusion of the offending food group(s) from the diet has been shown to reduce the severity of symptoms associated with food allergies.

Immune Tolerance To IgE

In high levels, IgG4 antibodies alone can trigger an immune response within the body. However, data is available that provides support for the notion that IgG4 can serve another specific function of controlling antigen recognition by IgE and consequently regulating anaphylactic reactions and IgE-mediated immunity. IgG4 can act as a blocking agent by preventing IgE from binding to targeted receptor sites and releasing histamine. We refer to this as the Immune Tolerance to IgE.

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Physician Report: IgE/IgG4 Food Allergies

Understanding the Key

These results show the quantitative amount of antibodies the patient is making in response to individual foods.

Immune Tolerance denotes that IgG4 is greater than IgE and will block the IgE reaction. That is to say, the patient has gained tolerance to the food.

Patient Results

ANTIGEN	IgE (µg/mL)	RESULT	REF. RANGE	IMMUNE TOLERANCE TO IgE
MEATS, DAIRY				
Beef	4.94	MODERATE	<0.27 ug/ml	
Casein	0.41	LOW	<0.08 ug/ml	YES
Cow's Milk	1.03	LOW	<0.18 ug/ml	YES
Goat's Milk	0.19	LOW	<0.12 ug/ml	YES
Pork	0.08	LOW	<0.08 ug/ml	
POULTRY				
Chicken	0.27	LOW	<0.08 ug/ml	
Egg Albumin	18.99	LOW	<5 ug/ml	YES
Egg Yolk	0.43	LOW	<0.2 ug/ml	YES
Turkey	0.49	LOW	<0.15 ug/ml	
LEGUMES, BEANS				
Green Pea	0.87	LOW	<0.29 ug/ml	
Kidney Bean	2.01	LOW	<0.16 ug/ml	
Lima Bean	0.76	LOW	<0.31 ug/ml	
Navy Bean	1.22	LOW	<0.45 ug/ml	
Peanut	0.49	LOW	<0.21 ug/ml	YES
Soybean	7.52	MODERATE	<0.78 ug/ml	
String Bean	1.52	LOW	<0.39 ug/ml	YES
FUNGI				
Aspergillus Mix	0.62	LOW	<0.12 ug/ml	
Brewer's Yeast	0.14	LOW	<0.06 ug/ml	
Candida	0.62	LOW	<0.35 ug/ml	
Mushroom	0.41	LOW	<0.19 ug/ml	
FISH				
Codfish	0.35	LOW	<0.08 ug/ml	
Flounder	0.14	LOW	<0.08 ug/ml	YES
Halibut	0.14	LOW	<0.1 ug/ml	
Salmon	0.16	LOW	<0.06 ug/ml	
Tuna	0.30	LOW	<0.14 ug/ml	
SHELLFISH				
Clam	2.01		<2.29 ug/ml	
Crab	0.08	LOW	<0.06 ug/ml	YES
Lobster	0.43	LOW	<0.08 ug/ml	YES
Scallops	0.19	LOW	<0.07 ug/ml	
Shrimp	0.54	MODERATE	<0.03 ug/ml	YES
HERBS, SPICES, SEASONINGS				
Black Pepper	5.72	HIGH	<0.16 ug/ml	
Cinnamon	0.05	LOW	<0.04 ug/ml	
Garlic	0.03		<0.04 ug/ml	YES
Ginger	0.24	LOW	<0.13 ug/ml	YES
Hops	0.24	LOW	<0.07 ug/ml	
Mustard	0.49	LOW	<0.06 ug/ml	YES
Vanilla	0.54	LOW	<0.13 ug/ml	

ANTIGEN	IgG4 (µg/mL)	RESULT	REF. RANGE
MEATS, DAIRY			
Beef	0.65	LOW	<0.24 ug/ml
Casein	25.44	MODERATE	<0.18 ug/ml
Cow's Milk	32.44	MODERATE	<0.3 ug/ml
Goat's Milk	1.08	LOW	<0.15 ug/ml
Pork	0.00		<0.07 ug/ml
POULTRY			
Chicken	0.10	LOW	<0.08 ug/ml
Egg Albumin	31.19	LOW	<8.1 ug/ml
Egg Yolk	14.86	LOW	<0.4 ug/ml
Turkey	0.00		<0.1 ug/ml
LEGUMES, BEANS			
Green Pea	0.50	LOW	<0.18 ug/ml
Kidney Bean	1.78	LOW	<0.16 ug/ml
Lima Bean	0.30	LOW	<0.24 ug/ml
Navy Bean	0.88	LOW	<0.27 ug/ml
Peanut	0.58	LOW	<0.2 ug/ml
Soybean	7.05	MODERATE	<0.6 ug/ml
String Bean	1.98	LOW	<0.18 ug/ml
FUNGI			
Aspergillus Mix	0.30	LOW	<0.06 ug/ml
Brewer's Yeast	0.08	LOW	<0.04 ug/ml
Candida	0.60	LOW	<0.1 ug/ml
Mushroom	0.20	LOW	<0.09 ug/ml
FISH			
Codfish	0.25	LOW	<0.07 ug/ml
Flounder	0.15	LOW	<0.06 ug/ml
Halibut	0.05		<0.06 ug/ml
Salmon	0.00		<0.03 ug/ml
Tuna	0.20	LOW	<0.06 ug/ml
SHELLFISH			
Clam	0.28		<0.95 ug/ml
Crab	0.85	MODERATE	<0.05 ug/ml
Lobster	1.25	MODERATE	<0.05 ug/ml
Scallops	0.00		<0.06 ug/ml
Shrimp	0.93	MODERATE	<0.03 ug/ml
HERBS, SPICES, SEASONINGS			
Black Pepper	0.23	LOW	<0.06 ug/ml
Cinnamon	0.00		<0.03 ug/ml
Garlic	0.08		<0.09 ug/ml
Ginger	12.91	MODERATE	<0.11 ug/ml
Hops	0.03		<0.04 ug/ml
Mustard	3.43	LOW	<0.94 ug/ml
Vanilla	0.20	LOW	<0.07 ug/ml

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Physician Report: IgE/IgG4 Food Allergies

Patient Results

ANTIGEN	IgE (µg/mL)	RESULT	REF. RANGE	IMMUNE TOLERANCE TO IgE
GRAINS, GRASSES				
Barley	0.22	LOW	<0.1 ug/ml	YES
Corn	0.16	LOW	<0.08 ug/ml	
Gluten	1.47	LOW	<1.38 ug/ml	YES
Oat	0.08	LOW	<0.03 ug/ml	
Rice	0.08	LOW	<0.08 ug/ml	
Rye	0.14	LOW	<0.09 ug/ml	
Whole Wheat	0.08	LOW	<0.06 ug/ml	YES
SEEDS, NUTS				
Almond	1.90	MODERATE	<0.18 ug/ml	
Cacao	0.16	LOW	<0.07 ug/ml	
Cashew	0.57	LOW	<0.22 ug/ml	
Coffee	0.27	LOW	<0.07 ug/ml	
Cottonseed	0.19	LOW	<0.04 ug/ml	
English Walnut	0.38	LOW	<0.11 ug/ml	
Flax Seed	0.73	MODERATE	<0.06 ug/ml	
Pecan	0.00		<0.05 ug/ml	
Sesame	0.16	LOW	<0.03 ug/ml	
FRUITS				
Apple	0.71	MODERATE	<0.07 ug/ml	
Avocado	0.35	LOW	<0.18 ug/ml	
Banana	0.00		<0.04 ug/ml	
Blueberry	0.65	LOW	<0.12 ug/ml	
Cantaloupe	0.16	LOW	<0.1 ug/ml	YES
Cherry	0.05	LOW	<0.04 ug/ml	YES
Coconut	0.19	LOW	<0.09 ug/ml	
Cucumber	0.00		<0.04 ug/ml	
Grapefruit	0.00		<0.04 ug/ml	
Grapes	0.00		<0.03 ug/ml	
Green Olive	0.14	LOW	<0.07 ug/ml	
Green Pepper	0.08	LOW	<0.06 ug/ml	YES
Honeydew	0.05	LOW	<0.04 ug/ml	
Lemon	0.00		<0.03 ug/ml	
Orange	0.27	LOW	<0.05 ug/ml	
Peach	0.11	LOW	<0.06 ug/ml	
Pear	0.05	LOW	<0.04 ug/ml	
Pineapple	0.00		<0.02 ug/ml	
Plum	0.22	LOW	<0.04 ug/ml	
Strawberry	0.03		<0.05 ug/ml	YES
Tomato	0.00		<0.03 ug/ml	
Watermelon	0.08	LOW	<0.06 ug/ml	YES
Yellow Squash	0.65	LOW	<0.22 ug/ml	
VEGETABLES				
Asparagus	0.46	LOW	<0.11 ug/ml	
Broccoli	0.11	LOW	<0.08 ug/ml	YES
Cabbage	0.14	LOW	<0.05 ug/ml	
Carrot	0.24	LOW	<0.06 ug/ml	YES
Cauliflower	0.35	LOW	<0.1 ug/ml	
Celery	0.16	LOW	<0.07 ug/ml	YES
Lettuce	0.41	LOW	<0.06 ug/ml	
Onion	0.00		<0.03 ug/ml	
Spinach	0.35	LOW	<0.08 ug/ml	
Sweet Potato	0.16	LOW	<0.09 ug/ml	
Tea	0.14	LOW	<0.03 ug/ml	
White Potato	0.08	LOW	<0.06 ug/ml	

ANTIGEN	IgG4 (µg/mL)	RESULT	REF. RANGE
GRAINS, GRASSES			
Barley	0.23	LOW	<0.11 ug/ml
Corn	0.15	LOW	<0.07 ug/ml
Gluten	11.41		<12.9 ug/ml
Oat	0.00		<0.03 ug/ml
Rice	0.08		<0.08 ug/ml
Rye	0.08	LOW	<0.06 ug/ml
Whole Wheat	0.10	LOW	<0.09 ug/ml
SEEDS, NUTS			
Almond	0.45	LOW	<0.21 ug/ml
Cacao	0.00		<0.02 ug/ml
Cashew	0.53	LOW	<0.16 ug/ml
Coffee	0.23	LOW	<0.05 ug/ml
Cottonseed	0.00		<0.03 ug/ml
English Walnut	0.15	LOW	<0.07 ug/ml
Flax Seed	0.45	LOW	<0.07 ug/ml
Pecan	0.00		<0.06 ug/ml
Sesame	0.00		<0.03 ug/ml
FRUITS			
Apple	0.48	MODERATE	<0.04 ug/ml
Avocado	0.30	LOW	<0.09 ug/ml
Banana	0.23	LOW	<0.05 ug/ml
Blueberry	0.35	LOW	<0.07 ug/ml
Cantaloupe	0.28	LOW	<0.07 ug/ml
Cherry	0.50	LOW	<0.05 ug/ml
Coconut	0.08	LOW	<0.05 ug/ml
Cucumber	0.00		<0.03 ug/ml
Grapefruit	0.05	LOW	<0.03 ug/ml
Grapes	0.00		<0.03 ug/ml
Green Olive	0.00		<0.05 ug/ml
Green Pepper	0.15	LOW	<0.07 ug/ml
Honeydew	0.00		<0.04 ug/ml
Lemon	0.00		<0.03 ug/ml
Orange	0.23	LOW	<0.04 ug/ml
Peach	0.05	LOW	<0.04 ug/ml
Pear	0.00		<0.03 ug/ml
Pineapple	0.00		<0.03 ug/ml
Plum	0.10	LOW	<0.03 ug/ml
Strawberry	0.08	LOW	<0.05 ug/ml
Tomato	0.00		<0.02 ug/ml
Watermelon	0.23	LOW	<0.06 ug/ml
Yellow Squash	0.38	LOW	<0.18 ug/ml
VEGETABLES			
Asparagus	0.43	LOW	<0.08 ug/ml
Broccoli	0.20	LOW	<0.08 ug/ml
Cabbage	0.05	LOW	<0.04 ug/ml
Carrot	0.35	LOW	<0.05 ug/ml
Cauliflower	0.18	LOW	<0.06 ug/ml
Celery	0.20	LOW	<0.05 ug/ml
Lettuce	0.08	LOW	<0.04 ug/ml
Onion	0.00		<0.02 ug/ml
Spinach	0.23	LOW	<0.09 ug/ml
Sweet Potato	0.05	LOW	<0.05 ug/ml
Tea	0.00		<0.04 ug/ml
White Potato	0.08	LOW	<0.06 ug/ml

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PRECISION POINT DIAGNOSTICS

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P88-DAT (IgG/C3d)

A Targeted Approach to Wellness

PATIENT INFO

NAME: **Test User**
 REQUISITION ID: DAT2401090005
 DOB: 11/24/1983
 SAMPLE DATE: 05/20/2025
 RECEIVE DATE: 05/22/2025
 DRAFT DATE: 7/31/2024

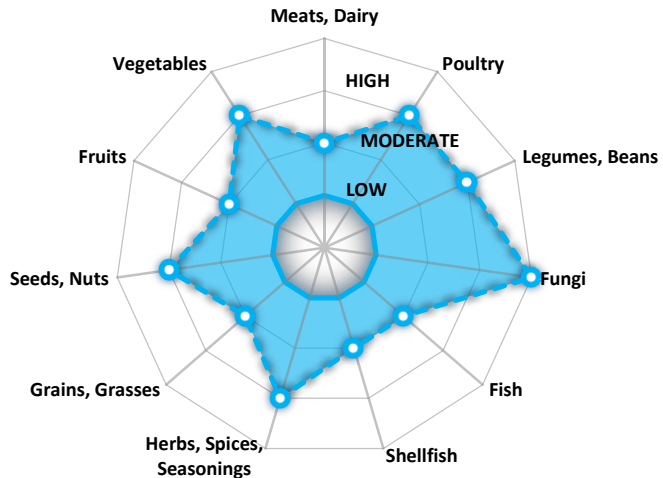
CLINIC INFO

Test Clinic
 ADDRESS: Testing Address
 Testing City, TT 00000
 PHONE: (000)-000-0003
 FAX: (000)-000-0003

Physician Report: IgG/C3d Food Sensitivities

Dietary Antigen Exposure by Food Group

	IgG
Meats, Dairy	LOW
Poultry	MODERATE
Legumes, Beans	MODERATE
Fungi	HIGH
Fish	LOW
Shellfish	LOW
Herbs, Spices, Seasonings	MODERATE
Grains, Grasses	LOW
Seeds, Nuts	MODERATE
Fruits	LOW
Vegetables	MODERATE



Dietary Antigen Exposure by Food Group

In this test, a human serum sample is probed for the presence of IgG antibodies which have an exact affinity for specific dietary allergens. Dietary allergens are clustered by the food groups shown in the table and graph above. The quantitative summation of the IgG results within the offending food groups are expressed graphically. The exclusion of the offending food group(s) from the diet has been shown to reduce the severity of symptoms associated with food allergies.

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Physician Report: IgG/C3d Food Sensitivities

Understanding the Key

These results show the quantitative amount of antibodies the patient is making in response to individual foods.

If a patient has both IgG and C3d the reaction will be 1000 fold or more greater than just having an IgG reaction alone. C3d alone will not provoke significant reactions.

Patient Results

ANTIGEN	IgG (µg/mL)	RESULT	REF. RANGE
MEATS, DAIRY			
Beef	32.84	LOW	<7.87 ug/ml
Casein	74.36	MODERATE	<2.18 ug/ml
Cow's Milk	138.35	MODERATE	<31.28 ug/ml
Goat's Milk	9.11	LOW	<1.38 ug/ml
Pork	2.54	LOW	<2.14 ug/ml
POULTRY			
Chicken	3.39	LOW	<0.42 ug/ml
Egg Albumin	177.54	HIGH	<28.39 ug/ml
Egg Yolk	63.14	MODERATE	<3.3 ug/ml
Turkey	4.24	LOW	<0.44 ug/ml
LEGUMES, BEANS			
Green Pea	7.42	LOW	<1.52 ug/ml
Kidney Bean	58.48	MODERATE	<1.76 ug/ml
Lima Bean	12.50	MODERATE	<2.28 ug/ml
Navy Bean	18.43	LOW	<2.74 ug/ml
Peanut	3.39	LOW	<1.52 ug/ml
Soybean	59.75	HIGH	<5.44 ug/ml
String Bean	32.20	MODERATE	<2.34 ug/ml
FUNGI			
Aspergillus Mix	266.53	HIGH	<20 ug/ml
Brewer's Yeast	112.71	MODERATE	<2.42 ug/ml
Candida	529.03	HIGH	<18.81 ug/ml
Mushroom	114.62	HIGH	<17.14 ug/ml
FISH			
Codfish	13.98	MODERATE	<0.76 ug/ml
Flounder	0.00		<0.44 ug/ml
Halibut	0.00		<0.45 ug/ml
Salmon	0.00		<0.28 ug/ml
Tuna	5.93	MODERATE	<0.6 ug/ml
SHELLFISH			
Clam	4.66		<7.81 ug/ml
Crab	1.06	LOW	<0.58 ug/ml
Lobster	1.48	LOW	<0.78 ug/ml
Scallops	1.27	LOW	<0.49 ug/ml
Shrimp	2.33	LOW	<0.39 ug/ml
HERBS, SPICES, SEASONINGS			
Black Pepper	110.2	MODERATE	<6.81 ug/ml
Cinnamon	55.3	HIGH	<1.42 ug/ml
Garlic	0.2		<0.51 ug/ml
Ginger	153.4	HIGH	<6.29 ug/ml
Hops	15.5	MODERATE	<0.92 ug/ml
Mustard	18.0	LOW	<2.39 ug/ml
Vanilla	28.4	LOW	<5.39 ug/ml

ANTIGEN	C3d (µg/mL)	RESULT	REF. RANGE
MEATS, DAIRY			
Beef	6.03	MODERATE	<0.2 ug/ml
Casein	0.76	LOW	<0.08 ug/ml
Cow's Milk	3.02	MODERATE	<0.22 ug/ml
Goat's Milk	0.99	MODERATE	<0.09 ug/ml
Pork	0.00		<0.09 ug/ml
POULTRY			
Chicken	0.00		<0.07 ug/ml
Egg Albumin	4.77	MODERATE	<0.47 ug/ml
Egg Yolk	7.37	MODERATE	<0.73 ug/ml
Turkey	0.00		<0.05 ug/ml
LEGUMES, BEANS			
Green Pea	0.00		<0.08 ug/ml
Kidney Bean	2.59	MODERATE	<0.13 ug/ml
Lima Bean	0.00		<0.11 ug/ml
Navy Bean	0.00		<0.07 ug/ml
Peanut	0.00		<0.1 ug/ml
Soybean	2.73	LOW	<0.42 ug/ml
String Bean	0.76	MODERATE	<0.08 ug/ml
FUNGI			
Aspergillus Mix	0.81	LOW	<0.11 ug/ml
Brewer's Yeast	0.00		<0.09 ug/ml
Candida	2.26	MODERATE	<0.12 ug/ml
Mushroom	16.77	MODERATE	<1.88 ug/ml
FISH			
Codfish	3.57	MODERATE	<0.26 ug/ml
Flounder	0.64	LOW	<0.05 ug/ml
Halibut	0.43	LOW	<0.06 ug/ml
Salmon	0.00		<0.04 ug/ml
Tuna	0.00		<0.06 ug/ml
SHELLFISH			
Clam	0.69	LOW	<0.42 ug/ml
Crab	0.12	LOW	<0.06 ug/ml
Lobster	0.08	LOW	<0.07 ug/ml
Scallops	0.00		<0.08 ug/ml
Shrimp	0.19	LOW	<0.05 ug/ml
HERBS, SPICES, SEASONINGS			
Black Pepper	0.7	MODERATE	<0.09 ug/ml
Cinnamon	0.0		<0.05 ug/ml
Garlic	1.2	MODERATE	<0.08 ug/ml
Ginger	2.6	MODERATE	<0.24 ug/ml
Hops	0.5	LOW	<0.06 ug/ml
Mustard	0.0		<0.06 ug/ml
Vanilla	0.0		<0.05 ug/ml

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Physician Report: IgG/C3d Food Sensitivities

Patient Results

ANTIGEN	IgG (µg/mL)	RESULT	REF. RANGE
GRAINS, GRASSES			
Barley	6.14	LOW	<1.44 ug/ml
Corn	3.18	LOW	<0.9 ug/ml
Gluten	334.53	MODERATE	<153.64 ug/ml
Oat	5.93	LOW	<0.42 ug/ml
Rice	3.60	LOW	<0.67 ug/ml
Rye	0.00		<0.65 ug/ml
Whole Wheat	2.97	LOW	<0.89 ug/ml
SEEDS, NUTS			
Almond	4.24	LOW	<1 ug/ml
Cacao	120.98	MODERATE	<3.67 ug/ml
Cashew	6.78	LOW	<1.34 ug/ml
Coffee	57.63	MODERATE	<1.97 ug/ml
Cottonseed	31.99	MODERATE	<1.41 ug/ml
English Walnut	0.42		<2.37 ug/ml
Flax Seed	21.82	MODERATE	<1.13 ug/ml
Pecan	2.75	LOW	<0.62 ug/ml
Sesame	87.92	HIGH	<0.63 ug/ml
FRUITS			
Apple	4.66	MODERATE	<0.29 ug/ml
Avocado	76.27	HIGH	<2.46 ug/ml
Banana	0.00		<0.21 ug/ml
Blueberry	115.89	HIGH	<2.99 ug/ml
Cantaloupe	1.06	LOW	<0.5 ug/ml
Cherry	10.38	MODERATE	<0.33 ug/ml
Coconut	7.84	LOW	<0.89 ug/ml
Cucumber	0.00		<0.23 ug/ml
Grapefruit	0.00		<0.32 ug/ml
Grapes	0.00		<0.18 ug/ml
Green Olive	13.35	MODERATE	<0.71 ug/ml
Green Pepper	0.00		<0.25 ug/ml
Honeydew	0.00		<0.29 ug/ml
Lemon	0.00		<0.14 ug/ml
Orange	6.36	MODERATE	<0.46 ug/ml
Peach	4.24	MODERATE	<0.36 ug/ml
Pear	0.00		<0.29 ug/ml
Pineapple	0.00		<0.16 ug/ml
Plum	0.42	LOW	<0.24 ug/ml
Strawberry	0.00		<0.4 ug/ml
Tomato	0.00		<0.16 ug/ml
Watermelon	1.91	LOW	<0.47 ug/ml
Yellow Squash	4.66	LOW	<1.6 ug/ml
VEGETABLES			
Asparagus	12.29	LOW	<2.05 ug/ml
Broccoli	5.72	LOW	<0.81 ug/ml
Cabbage	0.00		<0.36 ug/ml
Carrot	20.34	HIGH	<0.62 ug/ml
Cauliflower	1.06	LOW	<0.68 ug/ml
Celery	3.81	LOW	<0.59 ug/ml
Lettuce	1.91	LOW	<0.45 ug/ml
Onion	1.27	LOW	<0.19 ug/ml
Spinach	1.70	LOW	<0.56 ug/ml
Sweet Potato	47.03	HIGH	<2.13 ug/ml
Tea	36.23	MODERATE	<1.76 ug/ml
White Potato	123.31	HIGH	<2.6 ug/ml

ANTIGEN	C3d (µg/mL)	RESULT	REF. RANGE
GRAINS, GRASSES			
Barley	0.72	LOW	<0.13 ug/ml
Corn	0.38	LOW	<0.07 ug/ml
Gluten	0.00		<0.08 ug/ml
Oat	0.00		<0.02 ug/ml
Rice	0.00		<0.05 ug/ml
Rye	0.00		<0.05 ug/ml
Whole Wheat	0.00		<0.05 ug/ml
SEEDS, NUTS			
Almond	0.46	LOW	<0.1 ug/ml
Cacao	0.11	LOW	<0.05 ug/ml
Cashew	0.00		<0.07 ug/ml
Coffee	1.38	MODERATE	<0.11 ug/ml
Cottonseed	0.76	MODERATE	<0.05 ug/ml
English Walnut	0.35		<0.46 ug/ml
Flax Seed	0.44	LOW	<0.04 ug/ml
Pecan	0.11	LOW	<0.06 ug/ml
Sesame	0.15	LOW	<0.02 ug/ml
FRUITS			
Apple	0.32	LOW	<0.05 ug/ml
Avocado	17.21	MODERATE	<0.26 ug/ml
Banana	0.20	LOW	<0.03 ug/ml
Blueberry	14.56	HIGH	<0.31 ug/ml
Cantaloupe	0.40	LOW	<0.07 ug/ml
Cherry	1.39	MODERATE	<0.05 ug/ml
Coconut	0.00		<0.05 ug/ml
Cucumber	0.22	LOW	<0.03 ug/ml
Grapefruit	0.00		<0.03 ug/ml
Grapes	0.00		<0.02 ug/ml
Green Olive	2.06	MODERATE	<0.07 ug/ml
Green Pepper	0.00		<0.04 ug/ml
Honeydew	0.00		<0.04 ug/ml
Lemon	0.00		<0.02 ug/ml
Orange	0.00		<0.04 ug/ml
Peach	0.44	MODERATE	<0.04 ug/ml
Pear	0.00		<0.02 ug/ml
Pineapple	0.00		<0.02 ug/ml
Plum	0.00		<0.02 ug/ml
Strawberry	0.00		<0.06 ug/ml
Tomato	0.00		<0.02 ug/ml
Watermelon	0.17	LOW	<0.05 ug/ml
Yellow Squash	0.28	LOW	<0.11 ug/ml
VEGETABLES			
Asparagus	0.95	MODERATE	<0.1 ug/ml
Broccoli	0.60	LOW	<0.09 ug/ml
Cabbage	0.18		<0.05 ug/ml
Carrot	2.03	MODERATE	<0.08 ug/ml
Cauliflower	0.05		<0.05 ug/ml
Celery	0.41	LOW	<0.05 ug/ml
Lettuce	0.59	MODERATE	<0.08 ug/ml
Onion	0.00		<0.02 ug/ml
Spinach	0.25	LOW	<0.06 ug/ml
Sweet Potato	5.66	MODERATE	<0.9 ug/ml
Tea	0.00		<0.04 ug/ml
White Potato	10.78	MODERATE	<0.99 ug/ml

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Physician Report: Biogenic Compounds List

This table shows grouping of reactions based on IgE, IgG and C3d in categories that are generally considered nonimmunogenic. If many reactions show up in a column, this may provide evidence to consider diets that remove foods that are high in these biogenic compounds, even those not included on this test, because the immune system has a pattern of reacting to foods in this category.

DIETARY ANTIGEN	Oxalates	Amines	Glutamate	Histamine	Lectins	Nitrite	FOD-MAP	Phenol	Salicylates
Almond		M							M
Apple							M	M	
Asparagus							M		
Avocado							H		
Banana									
Barley									
Blueberry	H								
Broccoli									
Cabbage									
Casein				M					
Cashew									
Cauliflower									
Celery									
Coconut									
Coffee	M								
Corn									
Grapefruit									
Kidney Bean	M			M	M		M		
Lettuce						M			
Mushroom			H				H		
Navy Bean									
Onion									
Orange	M								
Peach							M		
Peanut									
Pear									
Pineapple									
Plum									
Shrimp				M					
Soybean	H			H			H		
Spinach									
Strawberry									
Tea	M								
Tomato									
Turkey									
Watermelon									
White Potato						H			
Whole Wheat									



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