



**PRECISION POINT**  
DIAGNOSTICS

9 Dunwoody Park, Suite 121  
Dunwoody, GA 30338  
P: 678-736-6374  
F: 770-674-1701  
Email: info@precisionpointdiagnostics.com  
www.precisionpointdiagnostics.com

**P88-DAT (IgG/C3d)**

A "Targeted" Approach to Wellness



**PATIENT INFO**

**CLINIC INFO**

NAME: **Patient Sample**  
REQUISITION ID: DAT2310100005  
DOB: 1/1/1971  
SAMPLE DATE: 3/1/2021  
RECEIVE DATE: 3/5/2021  
DRAFT DATE: 11/7/2023

**Sample Clinic**  
ADDRESS: 121 Sample Lane  
Sample City, SS 10101  
  
PHONE: (000)123-4567  
FAX: (000)-123-4567

**Summary**

DIETARY ANTIGEN	IgG	C3d
Almond	LOW	LOW
Apple		LOW
Asparagus	LOW	LOW
Aspergillus Mix	LOW	
Avocado	HIGH	LOW
Banana		LOW
Barley	MODERATE	LOW
Beef	MODERATE	LOW
Black Pepper	LOW	LOW
Blueberry	LOW	LOW
Brewer's Yeast	LOW	LOW
Broccoli	LOW	LOW
Cabbage		
Cacao	LOW	LOW
Candida	LOW	MODERATE
Cantaloupe		LOW
Carrot	LOW	LOW
Casein	LOW	LOW
Cashew	LOW	LOW
Cauliflower	LOW	LOW
Celery	LOW	LOW
Cherry	LOW	LOW
Chicken		LOW
Cinnamon	LOW	
Clam	MODERATE	MODERATE
Coconut	LOW	LOW
Codfish	LOW	LOW
Coffee	LOW	
Corn	LOW	LOW
Cottonseed	LOW	LOW
Cow's Milk		LOW
Crab		LOW
Cucumber	LOW	LOW
Egg Albumin	MODERATE	LOW
Egg Yolk	LOW	LOW
English Walnut	MODERATE	LOW
Flax Seed	LOW	LOW
Flounder		LOW
Garlic		LOW
Ginger	LOW	LOW
Gluten	LOW	MODERATE
Goat's Milk	LOW	LOW
Grapefruit	LOW	LOW
Grapes	LOW	LOW

DIETARY ANTIGEN	IgG	C3d
Green Olive	LOW	LOW
Green Pea	LOW	LOW
Green Pepper	LOW	LOW
Halibut	LOW	LOW
Honeydew		LOW
Hops	LOW	LOW
Kidney Bean	LOW	LOW
Lemon		LOW
Lettuce	LOW	LOW
Lima Bean	LOW	LOW
Lobster	LOW	LOW
Mushroom	LOW	LOW
Mustard	LOW	LOW
Navy Bean	LOW	LOW
Oat	HIGH	LOW
Onion	LOW	LOW
Orange	LOW	LOW
Peach	LOW	HIGH
Peanut	LOW	LOW
Pear		
Pecan	MODERATE	LOW
Pineapple	LOW	LOW
Plum	LOW	LOW
Pork	LOW	LOW
Rice	MODERATE	LOW
Rye	LOW	LOW
Salmon		LOW
Scallops	LOW	LOW
Sesame	LOW	
Shrimp	LOW	
Soybean	MODERATE	LOW
Spinach	LOW	LOW
Strawberry	LOW	MODERATE
String Bean	LOW	LOW
Sweet Potato	LOW	LOW
Tea	MODERATE	LOW
Tomato	LOW	
Tuna	MODERATE	LOW
Turkey	LOW	LOW
Vanilla	LOW	LOW
Watermelon		LOW
White Potato	LOW	LOW
Whole Wheat	MODERATE	LOW
Yellow Squash	LOW	

This test has been developed and its performance characteristics determined by Precision Point Diagnostics, it has not been cleared by the FDA. All laboratory results should be interpreted within the context of the clinical presentation of the patient.



# PRECISION POINT DIAGNOSTICS

9 Dunwoody Park, Suite 121  
 Dunwoody, GA 30338  
 P: 678-736-6374  
 F: 770-674-1701  
 Email: info@precisionpointdiagnostics.com  
 www.precisionpointdiagnostics.com

## P88-DAT (IgG/C3d)

A Targeted Approach to Wellness

### PATIENT INFO

NAME: **Patient Sample**  
 REQUISITION ID: DAT2310100005  
 DOB: 1/1/1971  
 SAMPLE DATE: 3/1/2021  
 RECEIVE DATE: 3/5/2021  
 DRAFT DATE: 11/7/2023

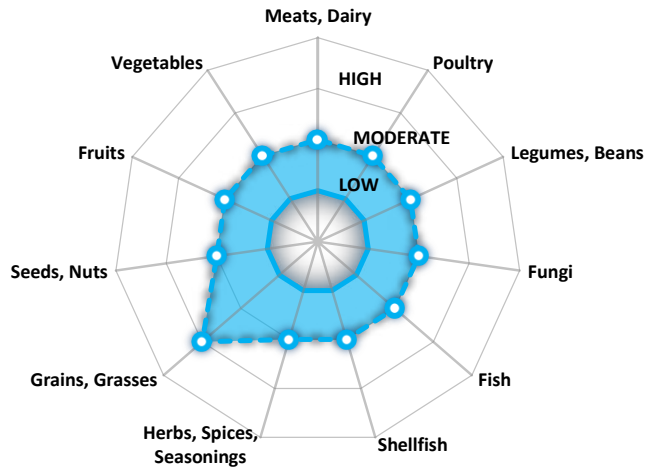
### CLINIC INFO

**Sample Clinic**  
 ADDRESS: 121 Sample Lane  
 Sample City, SS 10101  
 PHONE: (000)123-4567  
 FAX: (000)-123-4567

## Physician Report: IgG/C3d Food Sensitivities

### Dietary Antigen Exposure by Food Group

	IgG
Meats, Dairy	LOW
Poultry	LOW
Legumes, Beans	LOW
Fungi	LOW
Fish	LOW
Shellfish	LOW
Herbs, Spices, Seasonings	LOW
Grains, Grasses	MODERATE
Seeds, Nuts	LOW
Fruits	LOW
Vegetables	LOW



### Dietary Antigen Exposure by Food Group

In this test, a human serum sample is probed for the presence of IgG antibodies which have an exact affinity for specific dietary allergens. Dietary allergens are clustered by the food groups shown in the table and graph above. The quantitative summation of the IgG results within the offending food groups are expressed graphically. The exclusion of the offending food group(s) from the diet has been shown to reduce the severity of symptoms associated with food allergies.

This test has been developed and its performance characteristics determined by Precision Point Diagnostics, it has not been cleared by the FDA. All laboratory results should be interpreted within the context of the clinical presentation of the patient.

Physician Report: IgG/C3d Food Sensitivities

Understanding the Key

These results show the quantitative amount of antigen the patient is making in response to individual foods.

Percent Reactivity denotes how reactive the patient is compared to the population in general. For example, if the patient is 95%, they are more reactive than 95 % of the population.

If a patient has both IgG and C3d the reaction will be 1000 fold or more greater than just having an IgG reaction alone. C3d

Patient Results

ANTIGEN	IgG (µg/mL)	RESULT	IgG % Reactivity
<b>MEATS, DAIRY</b>			
Beef	41.88	MODERATE	93%
Casein	17.22	LOW	42%
Cow's Milk	2.20		2%
Goat's Milk	4.35	LOW	18%
Pork	7.75	LOW	15%
<b>POULTRY</b>			
Chicken	0.60		3%
Egg Albumin	95.14	MODERATE	81%
Egg Yolk	27.41	LOW	56%
Turkey	1.85	LOW	25%
<b>LEGUMES, BEANS</b>			
Green Pea	6.85	LOW	53%
Kidney Bean	11.68	LOW	46%
Lima Bean	10.07	LOW	64%
Navy Bean	12.04	LOW	22%
Peanut	5.06	LOW	13%
Soybean	36.16	MODERATE	88%
String Bean	18.83	LOW	46%
<b>FUNGI</b>			
Aspergillus Mix	165.92	LOW	45%
Brewer's Yeast	44.03	LOW	69%
Candida	290.14	LOW	67%
Mushroom	61.54	LOW	69%
<b>FISH</b>			
Codfish	4.71	LOW	49%
Flounder	0.00		0%
Halibut	2.20	LOW	35%
Salmon	0.60		9%
Tuna	6.49	MODERATE	78%
<b>SHELLFISH</b>			
Clam	36.34	MODERATE	87%
Crab	0.60		5%
Lobster	2.03	LOW	19%
Scallops	1.13	LOW	12%
Shrimp	2.03	LOW	21%
<b>HERBS, SPICES, SEASONINGS</b>			
Black Pepper	76.0	LOW	73%
Cinnamon	27.2	LOW	70%
Garlic	0.0		0%
Ginger	64.4	LOW	67%
Hops	9.7	LOW	54%
Mustard	12.0	LOW	75%
Vanilla	59.6	LOW	63%

ANTIGEN	C3d (µg/mL)	RESULT	C3d % Reactivity
<b>MEATS, DAIRY</b>			
Beef	0.65	LOW	19%
Casein	0.68	LOW	29%
Cow's Milk	1.54	LOW	27%
Goat's Milk	1.17	LOW	35%
Pork	0.54	LOW	17%
<b>POULTRY</b>			
Chicken	0.41	LOW	44%
Egg Albumin	1.71	LOW	73%
Egg Yolk	3.30	LOW	31%
Turkey	0.54	LOW	56%
<b>LEGUMES, BEANS</b>			
Green Pea	0.79	LOW	53%
Kidney Bean	0.79	LOW	62%
Lima Bean	1.06	LOW	62%
Navy Bean	0.46	LOW	42%
Peanut	0.84	LOW	71%
Soybean	5.06	LOW	36%
String Bean	0.33	LOW	35%
<b>FUNGI</b>			
Aspergillus Mix	0.49		9%
Brewer's Yeast	0.19	LOW	14%
Candida	6.96	MODERATE	88%
Mushroom	4.14	LOW	15%
<b>FISH</b>			
Codfish	1.00	LOW	65%
Flounder	0.65	LOW	51%
Halibut	0.49	LOW	43%
Salmon	0.43	LOW	43%
Tuna	0.54	LOW	72%
<b>SHELLFISH</b>			
Clam	2.11	MODERATE	86%
Crab	0.14	LOW	25%
Lobster	0.81	LOW	62%
Scallops	0.24	LOW	35%
Shrimp	0.24		9%
<b>HERBS, SPICES, SEASONINGS</b>			
Black Pepper	0.68	LOW	48%
Cinnamon	0.03		11%
Garlic	0.24	LOW	15%
Ginger	1.03	LOW	34%
Hops	0.49	LOW	30%
Mustard	0.19	LOW	18%
Vanilla	0.35	LOW	45%

This test has been developed and its performance characteristics determined by Precision Point Diagnostics, it has not been cleared by the FDA. All laboratory results should be interpreted within the context of the clinical presentation of the patient.

PATIENT NAME:

Patient Sample

REQUISITION ID:

DAT231010005

DRAFT DATE:

11/7/2023

Physician Report: IgG/C3d Food Sensitivities

Patient Results

ANTIGEN	IgG (µg/mL)	RESULT	IgG % Reactivity
<b>GRAINS, GRASSES</b>			
Barley	7.21	MODERATE	86%
Corn	8.82	LOW	53%
Gluten	202.20	LOW	33%
Oat	65.30	HIGH	98%
Rice	7.92	MODERATE	92%
Rye	5.24	LOW	32%
Whole Wheat	9.00	MODERATE	78%
<b>SEEDS, NUTS</b>			
Almond	5.96	LOW	45%
Cacao	54.04	LOW	67%
Cashew	10.96	LOW	55%
Coffee	15.61	LOW	26%
Cottonseed	22.58	LOW	71%
English Walnut	17.04	MODERATE	88%
Flax Seed	5.06	LOW	30%
Pecan	7.57	MODERATE	87%
Sesame	0.78	LOW	23%
<b>FRUITS</b>			
Apple	0.06		0%
Avocado	37.59	HIGH	97%
Banana	0.24		4%
Blueberry	19.54	LOW	75%
Cantaloupe	1.13		9%
Cherry	1.85	LOW	29%
Coconut	5.78	LOW	43%
Cucumber	0.42	LOW	13%
Grapefruit	1.31	LOW	14%
Grapes	1.13	LOW	34%
Green Olive	4.71	LOW	34%
Green Pepper	0.60	LOW	14%
Honeydew	0.24		1%
Lemon	0.06		0%
Orange	4.53	LOW	60%
Peach	0.95	LOW	12%
Pear	0.00		0%
Pineapple	0.78	LOW	31%
Plum	0.95	LOW	14%
Strawberry	4.35	LOW	53%
Tomato	0.78	LOW	35%
Watermelon	0.24		4%
Yellow Squash	7.03	LOW	45%
<b>VEGETABLES</b>			
Asparagus	13.11	LOW	15%
Broccoli	2.20	LOW	18%
Cabbage	1.13		11%
Carrot	3.10	LOW	35%
Cauliflower	4.35	LOW	54%
Celery	2.56	LOW	17%
Lettuce	2.56	LOW	48%
Onion	2.03	LOW	69%
Spinach	3.81	LOW	41%
Sweet Potato	6.32	LOW	40%
Tea	21.87	MODERATE	83%
White Potato	8.46	LOW	16%

ANTIGEN	C3d (µg/mL)	RESULT	C3d % Reactivity
<b>GRAINS, GRASSES</b>			
Barley	1.17	LOW	47%
Corn	0.70	LOW	50%
Gluten	0.87	MODERATE	42%
Oat	0.22	LOW	57%
Rice	0.38	LOW	62%
Rye	0.30	LOW	27%
Whole Wheat	0.19	LOW	16%
<b>SEEDS, NUTS</b>			
Almond	0.62	LOW	43%
Cacao	0.19	LOW	36%
Cashew	0.35	LOW	41%
Coffee	0.60		8%
Cottonseed	0.19	LOW	20%
English Walnut	8.78	LOW	46%
Flax Seed	0.16	LOW	23%
Pecan	0.16	LOW	37%
Sesame	0.00		0%
<b>FRUITS</b>			
Apple	0.22	LOW	27%
Avocado	4.23	LOW	60%
Banana	0.16	LOW	32%
Blueberry	3.01	LOW	53%
Cantaloupe	0.41	LOW	35%
Cherry	0.33	LOW	35%
Coconut	0.19	LOW	37%
Cucumber	0.14	LOW	32%
Grapefruit	0.22	LOW	61%
Grapes	0.11	LOW	44%
Green Olive	0.22	LOW	34%
Green Pepper	0.22	LOW	27%
Honeydew	0.49	LOW	37%
Lemon	0.05	LOW	33%
Orange	0.16	LOW	35%
Peach	2.52	HIGH	96%
Pear	0.03		7%
Pineapple	0.08	LOW	30%
Plum	0.14	LOW	36%
Strawberry	1.08	MODERATE	83%
Tomato	0.00		0%
Watermelon	0.70	LOW	57%
Yellow Squash	0.87		7%
<b>VEGETABLES</b>			
Asparagus	0.73	LOW	50%
Broccoli	0.52	LOW	36%
Cabbage	0.24		0%
Carrot	0.33	LOW	40%
Cauliflower	0.27	LOW	53%
Celery	0.43	LOW	32%
Lettuce	0.33	LOW	40%
Onion	0.11	LOW	41%
Spinach	0.54	LOW	37%
Sweet Potato	2.41	LOW	42%
Tea	0.16	LOW	47%
White Potato	3.33	LOW	30%

This test has been developed and its performance characteristics determined by Precision Point Diagnostics, it has not been cleared by the FDA. All laboratory results should be interpreted within the context of the clinical presentation of the patient.

Patient Report: Less Restrictive Diet

Criteria for Less Restrictive Diet Logic

**Eliminate:** High IgG

**Rotate:** Moderate IgG with low, medium or high complement

\* Anytime gluten is removed, the rotation diet will remove all gluten containing grains regardless of IgG reactivity.

NO LIMITATION	ROTATE	ELIMINATE
<p>These foods produce no immune reaction within your system at this time.</p>	<p>These foods should be rotated out of your diet for a period of 72 hrs or reduced in overall intake.</p>	<p>Remove these foods entirely from your diet.</p>
<ul style="list-style-type: none"> <li>Almond</li> <li>Apple</li> <li>Asparagus</li> <li>Aspergillus Mix</li> <li>Banana</li> <li>Black Pepper</li> <li>Blueberry</li> <li>Brewer's Yeast</li> <li>Broccoli</li> <li>Cabbage</li> <li>Cacao</li> <li>Candida</li> <li>Cantaloupe</li> <li>Carrot</li> <li>Casein</li> <li>Cashew</li> <li>Cauliflower</li> <li>Celery</li> <li>Cherry</li> <li>Chicken</li> <li>Cinnamon</li> <li>Coconut</li> <li>Codfish</li> <li>Coffee</li> <li>Corn</li> <li>Cottonseed</li> <li>Cow's Milk</li> <li>Crab</li> <li>Cucumber</li> <li>Egg Yolk</li> <li>Flax Seed</li> <li>Flounder</li> <li>Garlic</li> <li>Ginger</li> <li>Gluten</li> <li>Goat's Milk</li> <li>Grapefruit</li> <li>Grapes</li> <li>Green Olive</li> <li>Green Pea</li> <li>Green Pepper</li> <li>Halibut</li> <li>Honeydew</li> </ul>	<ul style="list-style-type: none"> <li>Barley</li> <li>Beef</li> <li>Clam</li> <li>Egg Albumin</li> <li>English Walnut</li> <li>Pecan</li> <li>Rice</li> <li>Soybean</li> <li>Tea</li> <li>Tuna</li> <li>Whole Wheat</li> </ul>	<ul style="list-style-type: none"> <li>Avocado</li> <li>Oat</li> </ul>

This test has been developed and its performance characteristics determined by Precision Point Diagnostics, it has not been cleared by the FDA. All laboratory results should be interpreted within the context of the clinical presentation of the patient.

**Patient Report: More Restrictive Diet**

Criteria for More Restrictive Diet

**Eliminate:** High and Moderate IgG

**Rotate:** Low IgG with low, moderate or high complement (C3d)

\* Anytime gluten is removed, the rotation diet will remove all gluten containing grains regardless of IgG reactivity.

NO LIMITATION	NO LIMITATION	ELIMINATE
<p>These foods produce no immune reaction within your system at this time.</p>	<p>These foods should be rotated out of your diet for a period of 72 hrs or reduced in overall intake.</p>	<p>Remove these foods entirely from your diet.</p>
<ul style="list-style-type: none"> <li>Apple</li> <li>Aspergillus Mix</li> <li>Banana</li> <li>Cabbage</li> <li>Cantaloupe</li> <li>Chicken</li> <li>Cinnamon</li> <li>Coffee</li> <li>Cow's Milk</li> <li>Crab</li> <li>Flounder</li> <li>Garlic</li> <li>Honeydew</li> <li>Lemon</li> <li>Pear</li> <li>Salmon</li> <li>Sesame</li> <li>Shrimp</li> <li>Tomato</li> <li>Watermelon</li> <li>Yellow Squash</li> </ul>	<ul style="list-style-type: none"> <li>Almond</li> <li>Asparagus</li> <li>Black Pepper</li> <li>Blueberry</li> <li>Brewer's Yeast</li> <li>Broccoli</li> <li>Cacao</li> <li>Candida</li> <li>Carrot</li> <li>Casein</li> <li>Cashew</li> <li>Cauliflower</li> <li>Celery</li> <li>Cherry</li> <li>Coconut</li> <li>Codfish</li> <li>Corn</li> <li>Cottonseed</li> <li>Cucumber</li> <li>Egg Yolk</li> <li>Flax Seed</li> <li>Ginger</li> <li>Gluten</li> <li>Goat's Milk</li> <li>Grapefruit</li> <li>Grapes</li> <li>Green Olive</li> <li>Green Pea</li> <li>Green Pepper</li> <li>Halibut</li> <li>Hops</li> <li>Kidney Bean</li> <li>Lettuce</li> <li>Lima Bean</li> <li>Lobster</li> <li>Mushroom</li> <li>Mustard</li> <li>Navy Bean</li> <li>Onion</li> <li>Orange</li> <li>Peach</li> <li>Peanut</li> <li>Pineapple</li> <li>Plum</li> <li>Pork</li> <li>Rye</li> <li>Scallops</li> <li>Spinach</li> <li>String Bean</li> <li>Sweet Potato</li> <li>Turkey</li> <li>Vanilla</li> <li>White Potato</li> </ul>	<ul style="list-style-type: none"> <li>Avocado</li> <li>Barley</li> <li>Beef</li> <li>Clam</li> <li>Egg Albumin</li> <li>English Walnut</li> <li>Oat</li> <li>Pecan</li> <li>Rice</li> <li>Soybean</li> <li>Tea</li> <li>Tuna</li> <li>Whole Wheat</li> </ul>

This test has been developed and its performance characteristics determined by Precision Point Diagnostics, it has not been cleared by the FDA. All laboratory results should be interpreted within the context of the clinical presentation of the patient.

PATIENT NAME:

Patient Sample

REQUISITION ID:

DAT231010005

DRAFT DATE:

11/7/2023

### Patient Report: Immune Index

The Immune Index is a calculation in which IgG, C3d are added together to show cumulative reactivity. This is used to highlight foods that are creating multiple immune reactions.

Rank	DIETARY ANTIGEN	Immune Index
1	Avocado	MODERATE
2	Clam	MODERATE
3	Oat	MODERATE
4	Peach	MODERATE
5	Barley	MODERATE
6	Beef	MODERATE
7	Candida	MODERATE
8	Egg Albumin	MODERATE
9	English Walnut	MODERATE
10	Gluten	MODERATE
11	Pecan	MODERATE
12	Rice	MODERATE
13	Soybean	MODERATE
14	Strawberry	MODERATE
15	Tea	MODERATE
16	Tuna	MODERATE
17	Whole Wheat	MODERATE
18	Almond	LOW
19	Asparagus	LOW
20	Cashew	LOW
21	Black Pepper	LOW
22	Blueberry	LOW
23	Brewer's Yeast	LOW
24	Broccoli	LOW
25	Cacao	LOW
26	Carrot	LOW
27	Celery	LOW
28	Cherry	LOW
29	Coconut	LOW
30	Codfish	LOW
31	Corn	LOW
32	Cottonseed	LOW
33	Cucumber	LOW
34	Cauliflower	LOW
35	Egg Yolk	LOW
36	Grapefruit	LOW
37	Grapes	LOW
38	Green Olive	LOW
39	Green Pea	LOW
40	Green Pepper	LOW
41	Halibut	LOW
42	Flax Seed	LOW
43	Kidney Bean	LOW
44	Lettuce	LOW

Rank	DIETARY ANTIGEN	Immune Index
45	Ginger	LOW
46	Lobster	LOW
47	Mushroom	LOW
48	Mustard	LOW
49	Navy Bean	LOW
50	Onion	LOW
51	Orange	LOW
52	Hops	LOW
53	Peanut	LOW
54	Lima Bean	LOW
55	Pineapple	LOW
56	Plum	LOW
57	Pork	LOW
58	Rye	LOW
59	Scallops	LOW
60	Spinach	LOW
61	String Bean	LOW
62	Sweet Potato	LOW
63	Turkey	LOW
64	Vanilla	LOW
65	White Potato	LOW
66	Casein	LOW
67	Goat's Milk	LOW
68	Apple	
69	Aspergillus Mix	
70	Banana	
71	Cantaloupe	
72	Chicken	
73	Cinnamon	
74	Coffee	
75	Crab	
76	Flounder	
77	Garlic	
78	Honeydew	
79	Lemon	
80	Salmon	
81	Sesame	
82	Shrimp	
83	Yellow Squash	
84	Tomato	
85	Watermelon	
86	Cow's Milk	
87	Cabbage	
88	Pear	

This test has been developed and its performance characteristics determined by Precision Point Diagnostics, it has not been cleared by the FDA. All laboratory results should be interpreted within the context of the clinical presentation of the patient.