



Comprehensive Thyroid w/Antibodies (Serum) – KIT

COLLECTION & CONTENTS

– FOLLOW INSTRUCTIONS CAREFULLY –
IMPROPER COLLECTION MAY INVALIDATE RESULTS

KIT CONTENTS

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|---|---|
| <ul style="list-style-type: none">•1 – Cold Pack•1 – Requisition Form•1 – Biohazard Bag with Absorbent Pad•1 – Silver Insulated Envelope | <ul style="list-style-type: none">•1 – Pre-Paid Shipping Label•1 – Laboratory Shipping Pack•2 – Serum Separator Tubes (SST) |
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Contact Us if any items are damaged or missing

Collection Requirements

Do not take thyroid medications on morning of test.

Shipping Requirements

Sample Must Be Shipped within 1 Day — Ship samples Monday— Friday

Sample Stability

Refrigerate samples at 2-8 C° until shipment. We ask that samples are shipped within 1 day of collection. Do not freeze the samples.

A Targeted Approach to Wellness

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NOTE: Please review all instructions and collection kit components before starting your sample collection. DO NOT discontinue taking prescription medications unless directed by your physician.

Specimen Collection Instructions

1. Place cold pack in freezer for at least 4-6 hours minimum before shipping.
2. Collect the blood in the two (2) SST tubes provided.
3. Allow the blood to sit for 30 minutes.
4. Centrifuge the blood for 15-20 minutes.
5. Using a permanent marker, write the patient's first and last name, date of birth, and date of collection on each sample tube.
6. Store the sample in a 2-8°C refrigerator until ready to ship. Do not freeze. Frozen samples will not be processed.

Shipping Instructions

1. Make sure the specimen tubes are properly labeled.

Improperly labeled tubes cannot be processed.

2. Place the tube(s) inside of the biohazard bag and seal the bag. Do not remove gauze pad.
3. Complete the Test Requisition Form, fold and place the form within the outer pocket of the biohazard bag.
4. Place the biohazard bag into the silver insulated envelope.
5. Place the frozen cold pack inside the silver insulated envelope.
6. Seal the envelope and place it inside the kit box.
7. Place the kit box inside the lab mailing pack.
8. Attach prepaid shipping label.
9. Take the package to any UPS storefront location or call them to schedule a pickup.



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