



# COMPREHENSIVE SCREEN (Serum, Whole Blood) - KIT

## COLLECTION & CONTENTS

— FOLLOW INSTRUCTIONS CAREFULLY —  
IMPROPER COLLECTION MAY INVALIDATE RESULTS

### KIT CONTENTS

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|---|--|
| <ul style="list-style-type: none"><li>•1 – Cold Pack</li><li>•1 – Requisition Form</li><li>•1 – Biohazard Bag with Gauze Pad</li><li>•1 – Silver Insulated Envelope</li></ul> | <ul style="list-style-type: none"><li>•1 – Prepaid Shipping Label</li><li>•1 – Lab Shipping Pack</li><li>•3 – Serum Separator Tubes (SST)</li><li>•1 – Lavender Top EDTA Tubes</li></ul> |
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*Contact Us if any items are damaged or missing*

### Collection Requirements

**FASTING:** Do not consume any food for 12 hours prior to the blood draw.

### Shipping Requirements

**Sample Must Be Shipped Same Day - ONLY Ship samples Monday - Thursday**

### Sample Stability

**Refrigerate samples at 2-8°C until shipment.**  
**We ask that samples are received within 1 days of collection. Do not freeze the samples.**

**A Targeted Approach to Wellness**

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**NOTE:** Please review all instructions and collection kit components before starting your sample collection. DO NOT discontinue taking prescription medications unless directed by your physician.

## Specimen Collection Instructions

1. Place cold pack in freezer for at least 4-6 hours minimum before shipping.
2. Collect the blood in the 3 SST's & 1 lavender EDTA tube provided.
3. Invert tubes gently 6 times, allow blood to clot between 30-45 minutes.
4. Centrifuge the SST's. Do not Centrifuge the EDTA tube.
5. Using a permanent marker, write the patients first and last name, date of birth, and date of collection on each sample tube.
6. Store sample Store sample in the refrigerator at 2-8°C until ready to ship.

## Shipping Instructions

1. Make sure the specimen tubes are properly labeled.  
**Improperly labeled tubes cannot be processed.**
2. Place the tube(s) inside of the biohazard bag and seal the bag. Do not remove gauze pad.
3. Complete Test Requisition Form, fold and place the form within the outer pocket of the biohazard bag.
4. Place the biohazard bag into the insulated shipping envelope.
5. Place the cold pack inside the silver insulated envelope.
6. Seal the envelope and place it inside the kit box.
7. Place the kit box inside the lab mailing pack.
8. Attach prepaid shipping label.
9. Take the package to any UPS storefront location or call them to schedule a pickup.



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