



A Systems Based Approach to Wellness

Gut/Detox Assessment Profile (Serum, Plasma, Whole Blood, Urine) - KIT

Collection & Contents

Collection Requirements

FASTING -Do not consume any food for 12 hours prior to the blood draw.

Shipping Requirements

Sample Must Be Shipped Same Day— ONLY Ship samples: Monday— Thursday

Kit Contents

Contact Us if any items are damaged or missing

Quantity	Item Description	Quantity	Item Description
1	Cold Pack	3	Transfer pipettes
1	Requisition form	5	Transfer tubes (1 red, 1 yellow and 1 green)
1	Biohazard bag with gauze pad		
1	Silver insulated envelope		
1	Prepaid shipping label		
1	Laboratory shipping pack		
3	Serum separator tubes (SST)		
3	Lavender top EDTA tubes		
1	Urine collection cup		

Sample Stability

Refrigerate samples at 2—8 C° until shipment. We ask that samples are received within 1 day of collection. Do not freeze the samples.

Contact Us

9 Dunwoody Park, Dunwoody, GA 30338
(678) 736-6374 | info@precisionpointdiagnostics.com
www.precisionpointdiagnostics.com



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Specimen Collection Instructions

BLOOD

1. Place cold pack in freezer for at least 4-6 hours minimum before shipping.
2. Collect the blood in the 3 SST and 4 lavender-top tubes provided.
3. Invert the SST tube gently 6 times, allow blood to clot between 30-45 minutes
4. Invert the EDTA tubes gently 8 times.
5. Centrifuge 3 SST Tubes, and 2 EDTA Tube (2 EDTA tubes do need to be centrifuged)
6. Transfer Serum from 1SSTs to 1 Red Top Transfer tube.
7. Transfer Plasma from 2 EDTA Tube to Green Top Transfer Tube to minimum of 2 mL.
8. Using a permanent marker, write the patient's first and last name, date of birth, and date of collection on each sample tube.
9. DO NOT transfer whole blood into another tube.

10. Store the sample in a 2-8°C refrigerator until ready to ship. Do not freeze. Frozen samples will not be processed.

Urine

1. Collect urine at any time of day in the urine collection cup.
2. Using the transfer pipette, transfer 5mL of urine into the Yellow Top transfer tube.
3. Using a permanent marker, write the patients first and last name, date of birth, and date of collection on each sample tube.
4. Store urine in freezer until shipping.

Specimen Collection Instructions

BLOOD

1. Place cold pack in freezer for at least 4-6 hours minimum before shipping.
2. Collect the blood in the 3 SST and 4 lavender-top tubes provided.
3. Invert the SST tube gently 6 times, allow blood to clot between 30-45 minutes
4. Invert the EDTA tubes gently 8 times.
5. Centrifuge 3 SST Tubes, and 2 EDTA Tube (2 EDTA tubes do need to be centrifuged)
6. Transfer Serum from 1SSTs to 1 Red Top Transfer tube.
7. Transfer Plasma from 2 EDTA Tube to Green Top Transfer Tube to minimum of 2 mL.
8. Using a permanent marker, write the patient's first and last name, date of birth, and date of collection on each sample tube.
9. DO NOT transfer whole blood into another tube.

10. Store the sample in a 2-8°C refrigerator until ready to ship. Do not freeze. Frozen samples will not be processed.

Urine

1. Collect urine at any time of day in the urine collection cup.
2. Using the transfer pipette, transfer 5mL of urine into the Yellow Top transfer tube.
3. Using a permanent marker, write the patients first and last name, date of birth, and date of collection on each sample tube.
4. Store urine in freezer until shipping.

Shipping Instructions

1. Make sure the specimen tubes are properly labeled.
Improperly labeled tubes cannot be processed.
2. Place the tube(s) inside of the biohazard bag and seal the bag. Do not remove gauze pad.
3. Complete the Test Requisition Form, fold and place the form within the outer pocket of the biohazard bag.
4. Place the biohazard bag into the insulated shipping envelope.

5. Place the cold pack inside the insulated shipping envelope.
6. Seal the shipping envelope and place it inside the shipping box.
7. Place the shipping box inside the lab mailing pack.
8. Attach prepaid shipping label.
9. Take the package to the shipping carrier's storefront location or call the carrier to schedule a pickup.

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