PRECISION POINT DIAGNOSTICS
9 Dunwoody Park, Suite 121
Dunwoody, GA 30338
P: 678-736-6374
F: 770-674-1701
Email: info@precisionpointdiagnostics.com
www.precisionpointdiagnostics.com

P88-Dietary Antigen Test

A Targeted Approach to Wellness

P88 Guide

PATIENT INFO

NAME: **Sample Patient**
REQUISITION ID: 2307140049
DOB: 3/11/1957
SAMPLE DATE: 7/25/2023
RECEIVE DATE: 8/1/2023
DRAFT DATE: 8/15/2023

CLINIC INFO

Research And Development
ADDRESS: 123 Sample Lane
Sample City, SS 00000

PHONE: (000)000-0000
FAX: (000)-000-0000

Patient Report: Summary

	ALLERGY			SENSITIVITY	
DIETARY ANTIGEN	IgE	IgG4	Immune Tolerance IgG4 > IgE Abs*	IgG	C3d
Almond	LOW			LOW	LOW
Apple	LOW	LOW		LOW	
Asparagus	LOW			LOW	
Aspergillus Mix	LOW			LOW	
Avocado	LOW	LOW	YES		
Banana	LOW	LOW		LOW	
Barley	MODERATE	HIGH	YES	MODERATE	
Beef		MODERATE	YES	MODERATE	
Black Pepper	LOW			MODERATE	
Blueberry	LOW			MODERATE	LOW
Brewer's Yeast				MODERATE	
Broccoli	MODERATE			HIGH	
Cabbage	LOW	LOW		LOW	
Cacao	LOW			MODERATE	
Candida	LOW	MODERATE	YES	LOW	HIGH
Cantaloupe	LOW			LOW	
Carrot	MODERATE			LOW	
Casein	LOW	LOW	YES	LOW	
Cashew		MODERATE		LOW	LOW
Cauliflower	MODERATE	LOW	YES	LOW	
Celery	LOW			LOW	
Cherry	LOW	LOW		LOW	
Chicken	LOW			LOW	
Cinnamon	HIGH			MODERATE	
Clam	HIGH	LOW		MODERATE	LOW
Coconut	LOW			MODERATE	LOW
Codfish	LOW	LOW	YES	HIGH	
Coffee	LOW	LOW	YES	MODERATE	LOW
Corn	HIGH			LOW	
Cottonseed	LOW			HIGH	
Cow's Milk		LOW	YES	LOW	
Crab				HIGH	LOW
Cucumber				LOW	
Egg Albumin	HIGH	LOW		LOW	LOW
Egg Yolk	LOW	LOW	YES	LOW	
English Walnut	LOW	MODERATE	YES	HIGH	LOW
Flax Seed	MODERATE	LOW		LOW	
Flounder	LOW	LOW		LOW	

This test has been developed and its performance characteristics determined by Precision Point Diagnostics. It has not been cleared by the U.S. Food and Drug Administration.

PATIENT NAME:	Sample Patient	REQUISITION ID:	2307140049	DRAFT DATE:	8/15/2023

Patient Report: Summary

	ALLERGY			SENSITIVITY	
DIETARY ANTIGEN	IgE	IgG4	Immune Tolerance IgG4 > IgE Abs*	IgG	C3d
Garlic				MODERATE	
Ginger	LOW	LOW	YES	MODERATE	MODERATE
Gluten	LOW	MODERATE	YES	LOW	
Goat's Milk	LOW	MODERATE	YES	LOW	
Grapefruit	MODERATE	LOW		MODERATE	
Grapes	HIGH			LOW	
Green Olive	LOW			LOW	
Green Pea	LOW	MODERATE	YES	LOW	
Green Pepper	LOW	LOW		LOW	
Halibut	LOW			LOW	
Honeydew	HIGH	MODERATE		MODERATE	
Hops	LOW			LOW	
Kidney Bean	HIGH	LOW	YES	LOW	LOW
Lemon	LOW			LOW	MODERATE
Lettuce	HIGH			LOW	
Lima Bean	LOW	LOW	YES	LOW	
Lobster	LOW	LOW	YES	LOW	
Mushroom	LOW			LOW	
Mustard	LOW	LOW	YES	LOW	
Navy Bean	MODERATE	LOW		LOW	
Oat		LOW	YES	LOW	
Onion	LOW			LOW	
Orange	LOW	LOW	YES	LOW	
Peach	LOW				
Peanut	LOW	MODERATE	YES	LOW	
Pear					
Pecan				HIGH	
Pineapple	LOW	LOW	YES	LOW	
Plum					
Pork	LOW	LOW	YES	LOW	
Rice	LOW			HIGH	
Rye				LOW	
Salmon	LOW				
Scallops	LOW			HIGH	
Sesame				MODERATE	LOW
Shrimp	LOW			LOW	MODERATE
Soybean	LOW	LOW		LOW	
Spinach	LOW			LOW	
Strawberry	LOW			LOW	
String Bean				LOW	LOW
Sweet Potato	LOW			LOW	LOW
Tea				MODERATE	
Tomato	LOW			LOW	
Tuna				MODERATE	
Turkey	LOW			LOW	
Vanilla	LOW			LOW	
Watermelon	LOW			LOW	
White Potato	LOW			LOW	
Whole Wheat	LOW	LOW		HIGH	
Yellow Squash	LOW	MODERATE	YES	LOW	

Reference Range	High	Medium	Low	Normal
Increased Prevalence	> 10%	> = 50-90%	> 10-50%	< 10%
Average Prevalence	>Top 5%	> =75-95%	> 10-75%	< 10%

Reference Range is based on how reactive a person is compared to population distribution.

Increased Prevalence: Foods that more people have a reaction to including dairy and casein, wheat and gluten, shellfish, tree nuts, and eggs.

Average Prevalence: All other foods.

*** Immune Tolerance is based upon the absolute (Abs) value of IgG4 compared to the absolute value of IgE.**

This is different from percent reactivity which is given in the summary page to easily see which foods are the most reactive. Find absolute values for each food in the references range on the test results between pages 6-12.

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PATIENT NAME:	Sample Patient	REQUISITION ID:	2307140049	DRAFT DATE:	8/15/2023

Patient Report: Less Restrictive Diet

Criteria for Less Restrictive Diet Logic

Eliminate: High IgG and/or High IgE foods
Rotate: Moderate IgG with High, Moderate, or Low Complement
Eliminate (IgG4): Based on presence of IgG-4 RD conditions (see Understanding the P88 for more information)
* Anytime gluten is removed, the rotation diet will remove all gluten containing grains regardless of IgE or IgG reactivity.

NO LIMITATION	ROTATE	ELIMINATE	ELIMINATE (IgG4)
These foods produce no immune reaction within your system at this time.	These foods should be rotated out of your diet for a period of 72 hrs or reduced in overall intake.	Remove these foods entirely from your diet.	Remove at Provider's Discretion
Almond	Blueberry	Broccoli	Barley
Apple	Coconut	Cinnamon	
Asparagus	Coffee	Clam	
Aspergillus Mix	Ginger	Codfish	
Avocado	Sesame	Corn	
Banana		Cottonseed	
Beef		Crab	
Black Pepper		Egg Albumin	
Brewer's Yeast		English Walnut	
Cabbage		Grapes	
Cacao		Honeydew	
Candida		Kidney Bean	
Cantaloupe		Lettuce	
Carrot		Pecan	
Casein		Rice	
Cashew		Scallops	
Cauliflower		Whole Wheat	
Celery			
Cherry			
Chicken			
Cow's Milk			
Cucumber			
Egg Yolk			
Flax Seed			
Flounder			
Garlic			
Gluten			
Goat's Milk			
Grapefruit			
Green Olive			
Green Pea			
Green Pepper			
Halibut			
Hops			
Lemon			
Lima Bean			
Lobster			
Mushroom			
Mustard			
Navy Bean			
Oat			
Onion			
Orange			
Peach			
Peanut			
Pear			
Pineapple			
Plum			
Pork			
Rye			
Salmon			
Shrimp			
Soybean			
Spinach			
Strawberry			
String Bean			
Sweet Potato			
Tea			
Tomato			
Tuna			
Turkey			
Vanilla			
Watermelon			
White Potato			
Yellow Squash			

PATIENT NAME:	Sample Patient	REQUISITION ID:	2307140049	DRAFT DATE:	8/15/2023

Patient Report: More Restrictive Diet

Criteria for Logic of More Restrictive Diet

Eliminate: High and Moderate IgE and/or IgG

Rotate: Low IgG with High, Moderate or Low Complement

Eliminate (IgG4): Based on presence of IgG-4 RD conditions (see Understanding the P88 for more information)

* Anytime gluten is removed, the rotation diet will remove all gluten containing grains regardless of IgE or IgG reactivity.

NO LIMITATION	ROTATE	ELIMINATE	ELIMINATE (IgG4)
These foods produce no immune reaction within your system at this time.	These foods should be rotated out of your diet for a period of 72 hrs or reduced in overall intake.	Remove these foods entirely from your diet.	Remove at Provider's Discretion
Apple	Almond	Beef	Candida
Asparagus	Lemon	Black Pepper	Cashew
Aspergillus Mix	Shrimp	Blueberry	Gluten
Avocado	String Bean	Brewer's Yeast	Goat's Milk
Banana	Sweet Potato	Broccoli	Green Pea
Cabbage		Cacao	Peanut
Cantaloupe		Carrot	Yellow Squash
Casein		Cauliflower	Barley
Celery		Cinnamon	Rye
Cherry		Clam	Whole Wheat
Chicken		Coconut	
Cow's Milk		Codfish	
Cucumber		Coffee	
Egg Yolk		Corn	
Flounder		Cottonseed	
Green Olive		Crab	
Green Pepper		Egg Albumin	
Halibut		English Walnut	
Hops		Flax Seed	
Lima Bean		Garlic	
Lobster		Ginger	
Mushroom		Grapefruit	
Mustard		Grapes	
Oat		Honeydew	
Onion		Kidney Bean	
Orange		Lettuce	
Peach		Navy Bean	
Pear		Pecan	
Pineapple		Rice	
Plum		Scallops	
Pork		Sesame	
Salmon		Tea	
Soybean		Tuna	
Spinach			
Strawberry			
Tomato			
Turkey			
Vanilla			
Watermelon			
White Potato			

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Patient Report: Immune Index

The Immune Index is a calculation in which IgE, IgG, C3d are added together to show cumulative reactivity. If IgG4 is greater than IgE it blocks the reaction and IgE is not added into cumulative inflammatory formula. This is used to highlight foods that are creating multiple immune reactions.

Rank	DIETARY ANTIGEN	Immune Index
1	Clam	MODERATE
2	Candida	MODERATE
3	Egg Albumin	MODERATE
4	English Walnut	MODERATE
5	Kidney Bean	MODERATE
6	Ginger	MODERATE
7	Barley	MODERATE
8	Blueberry	MODERATE
9	Broccoli	MODERATE
10	Cinnamon	MODERATE
11	Coconut	MODERATE
12	Coffee	MODERATE
13	Honeydew	MODERATE
14	Lemon	MODERATE
15	Shrimp	MODERATE
16	Almond	LOW
17	Codfish	LOW
18	Corn	LOW
19	Cottonseed	LOW
20	Crab	LOW
21	Grapefruit	LOW
22	Grapes	LOW
23	Lettuce	LOW
24	Rice	LOW
25	Scallops	LOW
26	Sweet Potato	LOW
27	Whole Wheat	LOW
28	Black Pepper	LOW
29	Cacao	LOW
30	Carrot	LOW
31	Cauliflower	LOW
32	Flax Seed	LOW
33	Navy Bean	LOW
34	Sesame	LOW
35	Apple	LOW
36	Asparagus	LOW
37	Aspergillus Mix	LOW
38	Banana	LOW
39	Cashew	LOW
40	Cabbage	LOW
41	Cantaloupe	LOW
42	Celery	LOW
43	Cherry	LOW
44	Chicken	LOW

Rank	DIETARY ANTIGEN	Immune Index
45	Egg Yolk	LOW
46	Flounder	LOW
47	Gluten	LOW
48	Green Olive	LOW
49	Green Pea	LOW
50	Green Pepper	LOW
51	Halibut	LOW
52	Lobster	LOW
53	Mushroom	LOW
54	Mustard	LOW
55	Onion	LOW
56	Orange	LOW
57	Hops	LOW
58	Peanut	LOW
59	Pecan	LOW
60	Lima Bean	LOW
61	Pineapple	LOW
62	Pork	LOW
63	Soybean	LOW
64	Spinach	LOW
65	Yellow Squash	LOW
66	Strawberry	LOW
67	String Bean	LOW
68	Tomato	LOW
69	Turkey	LOW
70	Vanilla	LOW
71	Watermelon	LOW
72	White Potato	LOW
73	Casein	LOW
74	Goat's Milk	LOW
75	Beef	LOW
76	Brewer's Yeast	LOW
77	Garlic	LOW
78	Tea	LOW
79	Tuna	LOW
80	Avocado	
81	Cucumber	
82	Oat	
83	Peach	
84	Rye	
85	Salmon	
86	Cow's Milk	
87	Pear	
88	Plum	

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P88-DAT (IgE/IgG4)

A Targeted Approach to Wellness

PATIENT INFO	
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RECEIVE DATE:	8/1/2023
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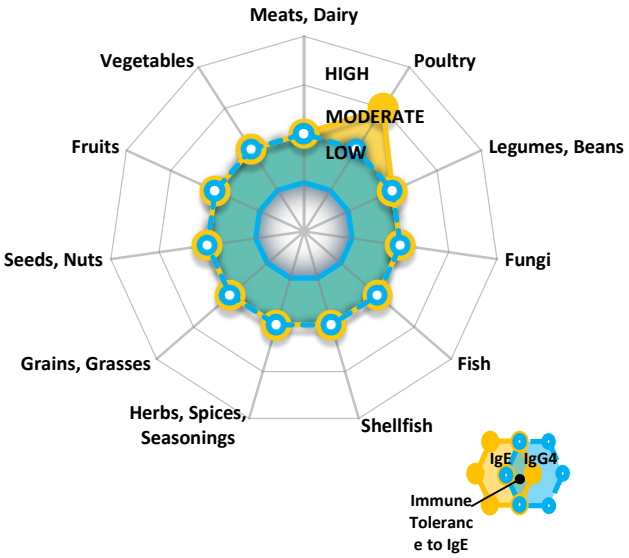
CLINIC INFO	
Research And Development	
ADDRESS:	123 Sample Lane Sample City, SS 00000
PHONE:	(000)000-0000
FAX:	(000)-000-0000

Physician Report: IgE/IgG4 Food Allergies

Dietary Antigen Exposure by Food Group

	IgE	IgG4
Meats, Dairy	LOW	LOW
Poultry	MODERATE	LOW
Legumes, Beans	LOW	LOW
Fungi	LOW	LOW
Fish	LOW	LOW
Shellfish	LOW	LOW
Herbs, Spices, Seasonings	LOW	LOW
Grains, Grasses	LOW	LOW
Seeds, Nuts	LOW	LOW
Fruits	LOW	LOW
Vegetables	LOW	LOW



Dietary Antigen Exposure by Food Group

In this test, a human serum sample is probed for the presence of IgE and IgG4 antibodies which have an exact affinity for specific dietary allergens. Dietary allergens are clustered by the food groups shown in the table and graph above. The quantitative summatio n of the IgE and IgG4 results within the offending food groups are expressed graphically. The exclusion of the offending food group(s) fr om the diet has been shown to reduce the severity of symptoms associated with food allergies.

Immune Tolerance To IgE

In high levels, IgG4 antibodies alone can trigger an immune response within the body. However, data is available that provid es support for the notion that IgG4 can serve another specific function of controlling antigen recognition by IgE and consequently regulatin g anaphylactic reactions and IgE-mediated immunity. IgG4 can act as a blocking agent by preventing IgE from binding to targeted receptor sites and releasing histamine. We refer to this as the Immune Tolerance to IgE.

PATIENT NAME:	Sample Patient	REQUISITION ID:	2307140049	DRAFT DATE:	8/15/2023

Physician Report: IgE/IgG4 Food Allergies

Understanding the Key

These results show the quantitative amount of antigen the patient is making in response to individual foods.

Percent Reactivity denotes how reactive the patient is compared to the population in general. For example, if the patient is 95%, they are more reactive than 95 % of the population.

Immune Tolerance denotes that IgG4 is greater than IgE and will block the IgE reaction. That is to say, the patient has gained tolerance to the food.

Patient Results

ANTIGEN	IgE (µg/mL)	RESULT	IgE % Reactivity	IMMUNE TOLERANCE TO IgE
MEATS, DAIRY				
Beef	0.33		4%	YES
Casein	0.54	LOW	33%	YES
Cow's Milk	0.09		0%	YES
Goat's Milk	1.31	LOW	66%	YES
Pork	0.45	LOW	13%	YES
POULTRY				
Chicken	0.53	LOW	14%	
Egg Albumin	31.35	HIGH	>99%	
Egg Yolk	0.93	LOW	50%	YES
Turkey	0.79	LOW	36%	
LEGUMES, BEANS				
Green Pea	1.78	LOW	63%	YES
Kidney Bean	1.82	HIGH	>99%	YES
Lima Bean	0.95	LOW	63%	YES
Navy Bean	3.32	MODERATE	80%	
Peanut	1.93	LOW	50%	YES
Soybean	7.17	LOW	54%	
String Bean	0.19		8%	
FUNGI				
Aspergillus Mix	0.83	LOW	41%	
Brewer's Yeast	0.00		0%	
Candida	1.15	LOW	29%	YES
Mushroom	0.89	LOW	49%	
FISH				
Codfish	0.23	LOW	33%	YES
Flounder	1.42	LOW	0%	
Halibut	0.61	LOW	66%	
Salmon	0.81	LOW	13%	
Tuna	0.00		>99%	
SHELLFISH				
Clam	11.17	HIGH	>99%	
Crab	0.25		7%	
Lobster	0.24	LOW	14%	YES
Scallops	0.65	LOW	23%	
Shrimp	0.30	LOW	31%	
HERBS, SPICES, SEASONINGS				
Black Pepper	0.39	LOW	19%	
Cinnamon	4.70	HIGH	97%	
Garlic	0.00		0%	
Ginger	1.45	LOW	55%	YES
Hops	0.88	LOW	40%	
Mustard	0.87	LOW	54%	YES
Vanilla	0.68	LOW	38%	

ANTIGEN	IgG4 (µg/mL)	RESULT	IgG4 % Reactivity
MEATS, DAIRY			
Beef	6.28	MODERATE	90%
Casein	8.57	LOW	61%
Cow's Milk	17.59	LOW	59%
Goat's Milk	5.39	MODERATE	84%
Pork	1.82	LOW	69%
POULTRY			
Chicken	0.33		0%
Egg Albumin	23.15	LOW	46%
Egg Yolk	5.19	LOW	51%
Turkey	0.03		0%
LEGUMES, BEANS			
Green Pea	2.91	MODERATE	78%
Kidney Bean	3.70	LOW	66%
Lima Bean	1.03	LOW	57%
Navy Bean	2.91	LOW	57%
Peanut	5.89	MODERATE	82%
Soybean	2.71	LOW	0%
String Bean	0.13		0%
FUNGI			
Aspergillus Mix	0.13		0%
Brewer's Yeast	0.13		0%
Candida	32.57	MODERATE	85%
Mushroom	0.00		0%
FISH			
Codfish	0.93	LOW	0%
Flounder	0.63	LOW	0%
Halibut	0.03		0%
Salmon	0.00		0%
Tuna	0.13		0%
SHELLFISH			
Clam	2.02	LOW	0%
Crab	0.00		0%
Lobster	0.53	LOW	0%
Scallops	0.13		0%
Shrimp	0.03		0%
HERBS, SPICES, SEASONINGS			
Black Pepper	0.23		0%
Cinnamon	0.03		0%
Garlic	0.23		0%
Ginger	2.02	LOW	53%
Hops	0.03		0%
Mustard	10.55	LOW	67%
Vanilla	0.03		0%

PATIENT NAME:	Sample Patient	REQUISITION ID:	2307140049	DRAFT DATE:	8/15/2023

Physician Report: IgE/IgG4 Food Allergies

Patient Results

ANTIGEN	IgE (µg/mL)	RESULT	IgE % Reactivity	IMMUNE TOLERANCE TO IgE
GRAINS, GRASSES				
Barley	1.18	MODERATE	80%	YES
Corn	4.12	HIGH	98%	
Gluten	4.92	LOW	60%	YES
Oat	0.06		0%	YES
Rice	0.65	LOW	47%	
Rye	0.20		4%	
Whole Wheat	0.70	LOW	38%	
SEEDS, NUTS				
Almond	1.05	LOW	43%	
Cacao	1.12	LOW	74%	
Cashew	0.00		0%	
Coffee	0.71	LOW	43%	YES
Cottonseed	0.21	LOW	12%	
English Walnut	0.57	LOW	36%	YES
Flax Seed	2.40	MODERATE	92%	
Pecan	0.14		2%	
Sesame	0.00		0%	
FRUITS				
Apple	0.69	LOW	62%	
Avocado	0.72	LOW	20%	YES
Banana	0.94	LOW	71%	
Blueberry	1.23	LOW	47%	
Cantaloupe	0.96	LOW	32%	
Cherry	1.27	LOW	61%	
Coconut	0.83	LOW	42%	
Cucumber	0.14		11%	
Grapefruit	0.94	MODERATE	79%	
Grapes	8.55	HIGH	>99%	
Green Olive	0.24	LOW	12%	
Green Pepper	0.71	LOW	51%	
Honeydew	3.63	HIGH	>99%	
Lemon	0.39	LOW	47%	
Orange	0.44	LOW	44%	YES
Peach	0.45	LOW	28%	
Pear	0.16		7%	
Pineapple	0.30	LOW	33%	YES
Plum	0.00		0%	
Strawberry	0.58	LOW	25%	
Tomato	0.20	LOW	14%	
Watermelon	0.45	LOW	23%	
Yellow Squash	2.90	LOW	57%	YES
VEGETABLES				
Asparagus	0.99	LOW	52%	
Broccoli	2.85	MODERATE	93%	
Cabbage	1.52	LOW	36%	
Carrot	1.88	MODERATE	91%	
Cauliflower	1.20	MODERATE	91%	YES
Celery	0.74	LOW	37%	
Lettuce	13.18	HIGH	>99%	
Onion	0.23	LOW	20%	
Spinach	1.54	LOW	62%	
Sweet Potato	0.60	LOW	32%	
Tea	0.00		0%	
White Potato	0.80	LOW	50%	

ANTIGEN	IgG4 (µg/mL)	RESULT	IgG4 % Reactivity
GRAINS, GRASSES			
Barley	13.13	HIGH	99%
Corn	0.43		0%
Gluten	34.06	MODERATE	87%
Oat	0.93	LOW	76%
Rice	0.13		0%
Rye	0.00		0%
Whole Wheat	0.43	LOW	0%
SEEDS, NUTS			
Almond	0.43		0%
Cacao	0.00		0%
Cashew	12.34	MODERATE	92%
Coffee	1.03	LOW	0%
Cottonseed	0.00		0%
English Walnut	5.49	MODERATE	94%
Flax Seed	0.63	LOW	0%
Pecan	0.00		0%
Sesame	0.23		0%
FRUITS			
Apple	0.53	LOW	0%
Avocado	0.73	LOW	0%
Banana	0.63	LOW	0%
Blueberry	0.33		0%
Cantaloupe	0.23		0%
Cherry	0.43	LOW	0%
Coconut	0.03		0%
Cucumber	0.13		0%
Grapefruit	0.63	LOW	0%
Grapes	0.00		0%
Green Olive	0.13		0%
Green Pepper	0.63	LOW	0%
Honeydew	1.72	MODERATE	94%
Lemon	0.00		0%
Orange	0.93	LOW	67%
Peach	0.00		0%
Pear	0.00		0%
Pineapple	0.33	LOW	0%
Plum	0.00		0%
Strawberry	0.13		0%
Tomato	0.00		0%
Watermelon	0.23		0%
Yellow Squash	5.19	MODERATE	85%
VEGETABLES			
Asparagus	0.33		0%
Broccoli	0.53		0%
Cabbage	0.53	LOW	0%
Carrot	0.00		0%
Cauliflower	2.22	LOW	>99%
Celery	0.23		0%
Lettuce	0.00		0%
Onion	0.00		0%
Spinach	0.23		0%
Sweet Potato	0.33		0%
Tea	0.13		0%
White Potato	0.00		0%

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P88-DAT (IgG/C3d)

A Targeted Approach to Wellness

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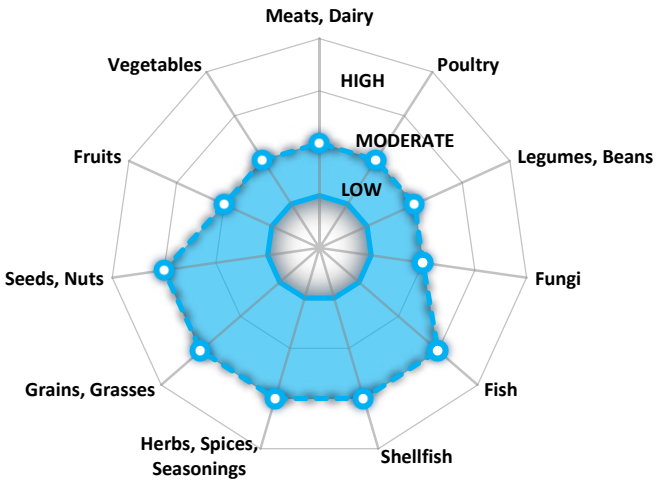
	Research And Development
ADDRESS:	123 Sample Lane Sample City, SS 00000
PHONE:	(000)000-0000
FAX:	(000)-000-0000

Physician Report: IgG/C3d Food Sensitivities

Dietary Antigen Exposure by Food Group

	IgG
Meats, Dairy	LOW
Poultry	LOW
Legumes, Beans	LOW
Fungi	LOW
Fish	MODERATE
Shellfish	MODERATE
Herbs, Spices, Seasonings	MODERATE
Grains, Grasses	MODERATE
Seeds, Nuts	MODERATE
Fruits	LOW
Vegetables	LOW



Dietary Antigen Exposure by Food Group

In this test, a human serum sample is probed for the presence of IgG antibodies which have an exact affinity for specific dietary allergens. Dietary allergens are clustered by the food groups shown in the table and graph above. The quantitative summati on of the IgG results within the offending food groups are expressed graphically. The exclusion of the offending food group(s) from th e diet has been shown to reduce the severity of symptoms associated with food allergies.

PATIENT NAME:	Sample Patient	REQUISITION ID:	2307140049	DRAFT DATE:	8/15/2023

Physician Report: IgG/C3d Food Sensitivities

Understanding the Key

These results show the quantitative amount of antigen the patient is making in response to individual foods.

Percent Reactivity denotes how reactive the patient is compared to the population in general. For example, if the patient is 95%, they are more reactive than 95 % of the population.

If a patient has both IgG and C3d the reaction will be 1000 fold or more greater than just having an IgG reaction alone. C3d alone will not provoke significant reactions.

Patient Results

ANTIGEN	IgG (µg/mL)	RESULT	IgG % Reactivity
MEATS, DAIRY			
Beef	22.07	MODERATE	77%
Casein	11.94	LOW	33%
Cow's Milk	78.77	LOW	24%
Goat's Milk	8.40	LOW	30%
Pork	13.82	LOW	47%
POULTRY			
Chicken	1.62	LOW	15%
Egg Albumin	75.35	LOW	63%
Egg Yolk	15.42	LOW	45%
Turkey	1.56	LOW	23%
LEGUMES, BEANS			
Green Pea	9.95	LOW	72%
Kidney Bean	15.88	LOW	58%
Lima Bean	10.33	LOW	64%
Navy Bean	9.93	LOW	20%
Peanut	9.40	LOW	38%
Soybean	14.50	LOW	29%
String Bean	4.26	LOW	13%
FUNGI			
Aspergillus Mix	144.88	LOW	39%
Brewer's Yeast	88.37	MODERATE	88%
Candida	280.88	LOW	66%
Mushroom	51.95	LOW	54%
FISH			
Codfish	17.66	HIGH	>99%
Flounder	0.91	LOW	13%
Halibut	1.78	LOW	32%
Salmon	0.29		3%
Tuna	10.40	MODERATE	92%
SHELLFISH			
Clam	34.73	MODERATE	85%
Crab	15.34	HIGH	97%
Lobster	2.34	LOW	21%
Scallops	14.67	HIGH	98%
Shrimp	3.88	LOW	51%
HERBS, SPICES, SEASONINGS			
Black Pepper	105.6	MODERATE	85%
Cinnamon	39.7	MODERATE	82%
Garlic	18.9	MODERATE	92%
Ginger	156.3	MODERATE	93%
Hops	12.1	LOW	60%
Mustard	9.8	LOW	70%
Vanilla	22.3	LOW	28%

ANTIGEN	C3d (µg/mL)	RESULT	C3d % Reactivity
MEATS, DAIRY			
Beef	0.00		0%
Casein	0.00		0%
Cow's Milk	0.00		0%
Goat's Milk	0.00		0%
Pork	0.00		0%
POULTRY			
Chicken	0.00		0%
Egg Albumin	0.65	LOW	46%
Egg Yolk	1.59		10%
Turkey	0.00		0%
LEGUMES, BEANS			
Green Pea	0.00		0%
Kidney Bean	0.81	LOW	62%
Lima Bean	0.00		0%
Navy Bean	0.00		0%
Peanut	0.00		0%
Soybean	0.73		0%
String Bean	0.10	LOW	13%
FUNGI			
Aspergillus Mix	0.00		0%
Brewer's Yeast	0.00		0%
Candida	9.50	HIGH	90%
Mushroom	3.00		2%
FISH			
Codfish	0.10		8%
Flounder	0.00		0%
Halibut	0.00		0%
Salmon	0.00		0%
Tuna	0.00		0%
SHELLFISH			
Clam	0.57	LOW	24%
Crab	0.34	LOW	50%
Lobster	0.00		0%
Scallops	0.00		0%
Shrimp	1.20	MODERATE	84%
HERBS, SPICES, SEASONINGS			
Black Pepper	0.0		0%
Cinnamon	0.0		0%
Garlic	0.0		0%
Ginger	3.9	MODERATE	90%
Hops	0.0		0%
Mustard	0.0		0%
Vanilla	0.0		0%

PATIENT NAME:	Sample Patient	REQUISITION ID:	2307140049	DRAFT DATE:	8/15/2023

Physician Report: IgG/C3d Food Sensitivities

Patient Results

ANTIGEN	IgG (µg/mL)	RESULT	IgG % Reactivity
GRAINS, GRASSES			
Barley	5.59	MODERATE	78%
Corn	5.37	LOW	31%
Gluten	204.98	LOW	34%
Oat	6.09	LOW	62%
Rice	9.27	HIGH	95%
Rye	2.99	LOW	20%
Whole Wheat	47.35	HIGH	>99%
SEEDS, NUTS			
Almond	4.45	LOW	33%
Cacao	101.98	MODERATE	90%
Cashew	9.32	LOW	51%
Coffee	99.65	MODERATE	83%
Cottonseed	109.26	HIGH	97%
English Walnut	29.38	HIGH	97%
Flax Seed	8.82	LOW	53%
Pecan	15.51	HIGH	96%
Sesame	8.04	MODERATE	82%
FRUITS			
Apple	2.46	LOW	60%
Avocado	1.03		0%
Banana	1.56	LOW	19%
Blueberry	28.76	MODERATE	87%
Cantaloupe	1.74	LOW	22%
Cherry	5.32	LOW	72%
Coconut	13.88	MODERATE	88%
Cucumber	1.23	LOW	39%
Grapefruit	22.45	MODERATE	78%
Grapes	0.82	LOW	26%
Green Olive	5.54	LOW	42%
Green Pepper	1.32	LOW	32%
Honeydew	5.27	MODERATE	82%
Lemon	0.26	LOW	14%
Orange	3.52	LOW	45%
Peach	0.27		1%
Pear	0.00		0%
Pineapple	1.90	LOW	61%
Plum	0.63		9%
Strawberry	2.99	LOW	40%
Tomato	0.84	LOW	35%
Watermelon	3.32	LOW	42%
Yellow Squash	7.52	LOW	46%
VEGETABLES			
Asparagus	25.08	LOW	42%
Broccoli	32.59	HIGH	>99%
Cabbage	2.24	LOW	22%
Carrot	2.70	LOW	28%
Cauliflower	5.06	LOW	62%
Celery	2.68	LOW	18%
Lettuce	2.21	LOW	35%
Onion	0.46	LOW	17%
Spinach	7.76	LOW	74%
Sweet Potato	8.04	LOW	55%
Tea	30.95	MODERATE	92%
White Potato	10.23	LOW	22%

ANTIGEN	C3d (µg/mL)	RESULT	C3d % Reactivity
GRAINS, GRASSES			
Barley	0.00		0%
Corn	0.18		11%
Gluten	0.00		0%
Oat	0.00		0%
Rice	0.00		0%
Rye	0.00		0%
Whole Wheat	0.00		0%
SEEDS, NUTS			
Almond	0.81	LOW	48%
Cacao	0.00		0%
Cashew	0.10	LOW	16%
Coffee	0.89	LOW	18%
Cottonseed	0.00		0%
English Walnut	4.41	LOW	38%
Flax Seed	0.00		0%
Pecan	0.00		0%
Sesame	0.73	LOW	64%
FRUITS			
Apple	0.00		0%
Avocado	0.00		0%
Banana	0.00		0%
Blueberry	2.14	LOW	41%
Cantaloupe	0.00		0%
Cherry	0.00		0%
Coconut	0.18	LOW	37%
Cucumber	0.00		0%
Grapefruit	0.00		0%
Grapes	0.00		0%
Green Olive	0.00		0%
Green Pepper	0.00		0%
Honeydew	0.00		0%
Lemon	2.77	MODERATE	>99%
Orange	0.00		0%
Peach	0.00		0%
Pear	0.00		0%
Pineapple	0.00		0%
Plum	0.00		0%
Strawberry	0.00		0%
Tomato	0.03		11%
Watermelon	0.00		0%
Yellow Squash	0.57		3%
VEGETABLES			
Asparagus	0.00		0%
Broccoli	0.00		0%
Cabbage	0.00		0%
Carrot	0.00		0%
Cauliflower	0.00		0%
Celery	0.00		0%
Lettuce	0.03		2%
Onion	0.00		0%
Spinach	0.00		0%
Sweet Potato	1.36	LOW	17%
Tea	0.00		0%
White Potato	1.83		11%

PATIENT NAME:	Sample Patient	REQUISITION ID:	2307140049	DRAFT DATE:	8/15/2023

Physician Report: Biogenic Compounds List

This table shows grouping of reactions based on IgE, IgG and C3d in categories that are generally considered nonimmunogenic. If many reactions show up in a column, this may provide evidence to consider diets that remove foods that are high in these biogenic compounds, even those not included on this test, because the immune system has a pattern of reacting to foods in this category.

DIETARY ANTIGEN	Oxalates	Amines	Glutamate	Histamine	Lectins	Nitrite	FOD-MAP	Phenol	Salicylates
Almond									
Apple									
Asparagus									
Avocado									
Banana									
Barley							H		
Blueberry	M								
Broccoli			H						
Cabbage									
Casein									
Cashew							M		
Cauliflower							M		
Celery									
Coconut						M			
Coffee	M								
Corn			H						
Grapefruit							M		
Kidney Bean	H			H	H		H		
Lettuce						H			
Mushroom									
Navy Bean	M			M	M		M		
Onion									
Orange									
Peach									
Peanut					M			M	
Pear									
Pineapple									
Plum									
Shrimp				M					
Soybean									
Spinach									
Strawberry									
Tea	M								
Tomato									
Turkey									
Watermelon									
White Potato									
Whole Wheat	H						H		

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This test has been developed and its performance characteristics determined by Precision Point Diagnostics. It has not been cleared by the U.S. Food and Drug Administration.