

A Systems Based Approach to Wellness

Ox LDL (Serum) - KIT

Collection & Contents
Collection Requirements

FASTING -Do not consume any food for 12 hours prior to the blood draw.

Shipping Requirements

ONLY Ship samples Monday—Thursday

Kit Contents

Contact Us if any items are damaged or missing

Quantity	Item Description
1	Cold pack
1	Requisition form
1	Biohazard bag with gauze pad
1	Silver insulated envelope
1	Prepaid shipping label
1	Laboratory shipping pack
1	Transfer pipette
1	Serum separator tube (SST)
1	Red top transfer tube

Sample Stability

Refrigerate samples at $2-8~{\rm C}^\circ$ until shipment. We ask that samples are received within 3 days of collection. Do not freeze the samples.

Contact Us

9 Dunwoody Park, Dunwoody, GA 30338

(678) 736-6374 | info@precisionpointdiagnostics.com www.precisionpointdiagnostics.com



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Specimen Collection Instructions

- 1. Place cold pack in freezer for at least 4-6 hours minimum before shipping.
- 2. Collect the one (1) SST tubes provided
- 3. Invert the tube gently 6 times, allow blood to clot between 30-45 minutes
- 4. Centrifuge one (1) SST tube for 15-20 minutes.
- 5. If gel barrier still has cells above gel, spin additional 5 minutes or transfer serum into transfer tube.
- 6. Transfer serum to the red-top transfer tube.
- 7. Using a permanent marker, write the patient's first and last name, date of birth, and date of collection on each sample tube.
- 8. Store sample in refrigerator until ready to ship.

Shipping Instructions

1. Make sure the specimen tubes are properly labeled.

Improperly labeled tubes cannot be processed.

- 2. Place the tube(s) inside of the biohazard bag and seal the bag. Do not remove gauze pad.
- 3. Complete the Test Requisition Form, fold and place the form within the outer pocket of the biohazard bag.
- 4. Place the biohazard bag into the silver insulated envelope.
- 5. Place the frozen cold pack inside the silver insulated envelope.
- 6. Seal the envelope and place it inside the kit box.
- 7. Place the kit box inside the lab mailing pack.
- 8. Attach prepaid shipping label.
- 9. Take the package to the shipping carrier's storefront location or call the carrier to schedule a pickup.

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