



ADVANCED OXIDATIVE STRESS (Whole Blood, Urine) - KIT

COLLECTION & CONTENTS

— FOLLOW INSTRUCTIONS CAREFULLY —
IMPROPER COLLECTION MAY INVALIDATE RESULTS

KIT CONTENTS

- 1 – Cold pack
 - 1 – Requisition form
 - 1 – Biohazard bag with gauze pad
 - 1 – Silver insulated envelope
 - 1 – Prepaid shipping label
- 1 – Laboratory shipping pack
 - 1 – Lavender top EDTA tube
 - 1 – Transfer pipette
 - 1 – Yellow tube 5 mL transfer tube
 - 1 – Urine collection cup

Contact Us if any items are damaged or missing

Collection Requirements

None

Shipping Requirements

ONLY Ship samples Monday - Thursday

Sample Stability

Refrigerate blood sample at 2-8 Celsius until shipment. Freeze urine samples until shipment.
We ask that samples are received within 5 days of collection.

A Targeted Approach to Wellness

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NOTE: Please review all instructions and collection kit components before starting your sample collection. DO NOT discontinue taking prescription medications unless directed by your physician.

Specimen Collection Instructions

Blood:

1. Place cold pack in freezer for at least 4-6 hours minimum before shipping.
2. Collect the blood in the Lavender EDTA tube provided, gently invert 8 times.
3. Using a permanent marker, write the patients first and last name, date of birth, and date collection on each sample tube.
4. Store the sample in a 2-8°C refrigerator until ready to ship. Do not freeze. Frozen samples will not be processed.

Urine:

1. Collect urine at any time of day in the urine collection cup.
2. Using the transfer pipette, transfer 5mL of urine into the Yellow Top transfer tube.
3. Using a permanent marker, write the patients first and last name, date of birth, and date of collection on each sample tube.
4. Store urine in freezer until shipping.

Shipping Instructions

1. Make sure the specimen tubes are properly labeled.
Improperly labeled tubes cannot be processed.
2. Place the tube(s) inside of the biohazard bag and seal the bag. Do not remove gauze pad.
3. Complete Test Requisition Form, fold and place the form within the outer pocket of the biohazard bag.
4. Place the biohazard bag into the insulated shipping envelope.
5. Place the cold pack inside the silver insulated envelope.
6. Seal the envelope and place it inside the kit box.
7. Place the kit box inside the lab mailing pack.
8. Attach prepaid shipping label.
9. Take the package to the shipping carrier's storefront location or call the carrier to schedule a pickup.



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