



ADVANCED INTESTINAL BARRIER (Plasma) - KIT

COLLECTION & CONTENTS

— FOLLOW INSTRUCTIONS CAREFULLY —
IMPROPER COLLECTION MAY INVALIDATE RESULTS

KIT CONTENTS

- 1 – Cold pack
- 1 – Requisition form
- 1 – Biohazard bag with gauze pad
- 1 – Silver insulated envelope
- 1 – Prepaid shipping label
- 1 – Laboratory shipping pack
- 2 – Lavender top EDTA tube
- 1 – Transfer pipette
- 1 – Green Top 5 mL transfer tube

Contact Us if any items are damaged or missing

Collection Requirements

FASTING Do not consume any food for 12 hours prior to the blood draw.

Shipping Requirements

Only Ship samples Monday - Wednesday

Sample Stability

Must freeze sample until shipment & notate specimens are frozen in notes section of requisition.
We ask that samples are shipped within 7 days of collection.

A Targeted Approach to Wellness

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NOTE: Please review all instructions and collection kit components before starting your sample collection. DO NOT discontinue taking prescription medications unless directed by your physician.

Specimen Collection Instructions

1. Collect the blood in the two (2) EDTA tubes provided, gently invert 8 times.
2. Allow the blood to sit for 30 minutes.
3. Centrifuge the blood for 15-20 minutes.
4. Transfer the plasma from the EDTA tubes to the Green Top transfer tube.
5. Using a permanent marker, write the patients first and last name, date of birth, and date of collection on each sample tube.
6. Store the sample & cold pack in a freezer and until ready to ship.
(Minimum of 4-6 hours in freezer before shipping.)

Shipping Instructions

1. Make sure the specimen tubes are properly labeled.
Improperly labeled tubes cannot be processed.
2. Place the tube(s) inside of the biohazard bag and seal the bag. Do not remove gauze pad.
3. Complete Test Requisition Form, fold and place the form within the outer pocket of the biohazard bag.
4. Place the biohazard bag into the silver insulated envelope.
5. Place the cold pack inside the silver insulated envelope.
6. Seal the envelope and place it inside the kit box.
7. Place the kit box inside the lab mailing pack.
8. Attach prepaid shipping label.
9. Take the package to the shipping carrier's storefront location or call the carrier to schedule a pickup.



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